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11 NOVEMBER 2022



What a... dam(n) failure

Rustenburg – After three days of heavy rain, the wall of a dam which is on the property of a local mining company collapsed and the water followed the path of least resistance, flowing into the Paardekraal dam. The sudden flash flood caused the Paardekraal dam to overflow, flooding roads and bridges downstream.

Visiting the site, executive mayor or the Rustenburg Local Municipality, Sheila Mabale Huma said that it is the municipality's priority to restore the dams to the state it was before the dam failure. She added that the municipality was busy setting up a meeting between all the stakeholders to resolve the issue.

With the recent tailing dam failures fresh in the minds of everyone, the local communities' immediate fear was that of becoming the next Jagersfontein. Social media was flooded with videos from areas that were affected.

A community member staying in Sunrise Park told *Platinum Weekly* that the alarm was raised on social media shortly after 11am on Tuesday morning (8 November).

It soon became clear that it wasn't sludge flowing from the dam, which poses a much greater risk, but water, and that it brought with it branches and whatever crossed its path downstream. **See page 7...**

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Man killed in N4 hit-and-run

Rustenburg – A few weeks ago, *Platinum Weekly* published an article that expressed concern over ‘an accident waiting to happen.’ Sadly, this prediction came true when a man lost his life in a hit-and-run on Saturday 5 November 2022. Pedestrians are knocking at death’s door by crossing the N4 highway.

In a strongly worded warning, Rustenburg Local Municipality’s (RLM) head of communications, Thapelo Matebesi emphasised, “In terms of the Road Safety rules, pedestrians are not allowed to walk on a national highway. This is dangerous as national roads are busy. Pedestrians are urged to refrain from using the N4, but rather use the provided walkways and bridges when they cross the N4 national road.” But despite concerns and warnings, tragedy still struck.

Police confirmed that a man, believed to be in his 40s, passed away after he was hit by a vehicle along the N4, a few metres after the offramp to the Waterfall Mall. An eyewitness said that the driver of the silver VW bakkie did not stop to see if the man was okay, and quickly drove off after hitting the pedestrian.

“Yes, we can confirm the incident,” said police spokesperson Ofentse Mokgadi, “The man died shortly after being hit by the vehicle. A culpable homicide case has been opened.”

Anyone with information that could assist police in their investigations is requested to contact sergeant Mbulelo Wettes on 082 772 5563.



A man was killed along the N4 while crossing the road - on Saturday 5 November 2022.

Rustenburg – I am worried about the dangerous situation on the Rustenburg N4 highway. Each year, pedestrians get badly injured or killed by cars, and sometimes accidents are caused when motorists try to avoid pedestrians. I recently witnessed a horrifying scene (Saturday 5 November 2022). The accident – which happened at around 7am –

keeps replaying in my head. There was the blood-curdling knock from a dark silver VW bakkie that sent the pedestrian rolling onto the tar like a lifeless ragdoll. The driver sped away without even checking the man’s condition. The scene happened close to my house, and every time I look outside my bedroom window, I am haunted by the image.

I rushed to my fence and tried to figure out how to reach the scene, and what I saw next saddened me deeply; other motorists kept driving past the bloodied man, who was lying helplessly along the road. No one pulled over to help him! I imagined to myself, “What if it was one of my family members lying there without help?” With My stomach twisted. I wished I could have jumped the fence to help the man, but it was impossible. Eventually – after too much time wasted – a good Samaritan pulled over to help the man, and other motorists quickly followed the driver’s example. It is true that shock and fear can totally shut down your mind, and we don’t always know how to react to such traumatic situations.

Please don’t let fear stop you from saving a life. If you come across such a scene, establish if the person has a medical aid – which means that you can call a private ambulance. If the person doesn’t have medical aid, you are still able to contact public rescue services. If you call 112, you will be put through to an emergency call centre.

You can also contact:

- ER24: 084 124
- Rustenburg Fire Department: 014 590 3232
- Trauma Rescue: 086 178 9911
- Royal Bafokeng emergency service: 014 566 3810

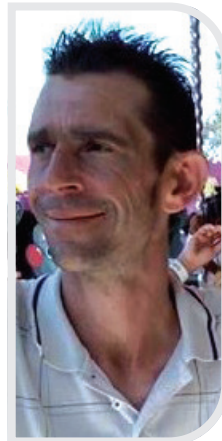
[Letter to the editor]

#Don’tJustPassBy!



In remembrance

The memorial service of the late Willem Espach (66) who passed away on 3 November 2022 took place on Tuesday November 8 November 2022 from the Oak, Moepel Avenue, Protea Park, Rustenburg. For more enquiries call Cobus at 081 379 8919 or Wilna at 074 200 2687 at Econo Funeral Services. A service with love and dignity by Econo funeral and cremation services.



Ons onthou met liefde die wyle Wynie Fourie (43) oorlede op 9 November 2022. Sy roudiens vind op Woensdag 12 November 2022 plaas om 14:00 vanuit die kapel by Steineck Lodge, Dinie Estate, Rustenburg. Psalm 23: Die Here is my Herder. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo begrafnis en verassingsdienste.



Join us in mourning the enormous loss and loving life of the late Ruth Malan (58) who passed away on 6 November 2022. Her funeral service will take place Friday 11 November 2022 at 10:00 from the chapel at Sonskyn Retirement Village, Koorsboom Street, Rustenburg. For more information contact Cobus at 081 379 8919 or Wilna at 074 200 2687 at Econo Funerals. A Service with love and dignity by Econo funeral and cremation services.



Come and share the memorial of the late Melana van der Merwe (64) who passed away on 7 November 2022. We greet her on Monday 14 November 2022 at 12:00 from the chapel at Sunshine Retirement Resort (right next to Toledo Spur), Koorsboom Street, Rustenburg. For more enquiries call Cobus at 081 379 8919 or Wilna at 074 200 2687 at Econo Funeral Services. A service with love and dignity by Econo funeral and cremation services.



Come and share the memorial of the late Lenie Krugel (76) who passed away on 4 November 2022. We greet her on Wednesday 9 November 2022 at 10:00 at the chapel at Sunshine Retirement Resort, Koorsboom Steet, Rustenburg. For more enquiries call Cobus at 081 379 8919 or Wilna at 074 200 2687 at Econo Funeral Services. A service with love and dignity by Econo Funeral and cremation services.

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If you would like to place an obituary in *Platinum Weekly* / *Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email news@platinumweekly.co.za / news@platinumbushvelder.co.za.

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WOMEN HELD AT GUNPOINT AFTER WORKOUT SESSION

Rustenburg – A fun workout session turned into a nightmare after a group of Zumba dancers were robbed at gunpoint at the WA Van Zyl hall in Geelhoutpark on Monday 7 November 2022.

The group has been doing Zumba dance sessions at the hall for years. Last week on 2 November, they noticed three men standing inside the fenced area of the property. It looked suspicious, and because they were only three women, they decided to rather pack up early and leave.

The next evening on 3 November 2022, they attended the session without any problems.

On the evening of the incident, they were nine women and a four-year-old girl. A man approached the instructor, Irma Nel, just before the session started and asked if his girlfriend can join. "We often get requests from people who want to join so this didn't seem strange," Nel said in an interview with *Platinum Weekly*. She asked the man why his girlfriend didn't come in, and he explained that she was getting dressed outside. This seemed a little odd as they had no bathrooms outside the premises. He replied that he would tell her to come in. Nel informed the rest of the dancers that they are waiting for someone new who would be joining them. They waited a while and after she didn't show up, they continued with the session.

The Zumba class finished at about 18:50 pm, and just as some of the women wanted to exit, they were pushed back by two men. They came in shouting and ordered everyone to get on the floor. They then demanded that the women give them everything they had with them including cellphones and jewellery. "We tried to remain as calm as possible because we were scared as they threatened to shoot us. They shouted and called us horrible names and swore at us in Afrikaans. They took all our stuff and even forced the rings off our fingers," said Nel.

She explained that one of the men looked like he could be in his twenties, and the other older man looked like he was in his late forties. It was the older man who came to enquire about his 'girlfriend' who wanted to join them. Nel added, "The older man seemed softer and that is why I didn't suspect

anything when he first came to talk to me. Even while they were robbing us, he treated us better than the younger man."

Once they took everything valuable, the robbers started backtracking towards the exit. They told the women that if they saw any movement they would shoot. Once the men were outside, the group remained seated and quiet for a few minutes just to make sure that they were gone. When it seemed safe to do so, two of the women jumped up and secured the doors by packing chairs in front of it.

The robbers fled the scene with four cellphones and all the jewellery they could get. They also took all the car keys. Luckily one of the women reacted very quickly when she saw the men coming in and hid her bag away so she could at least phone for help afterwards.

The security guard on the premises was also assaulted and sustained injuries.

The women waited inside until the first husband arrived. According to Nel, the hall was soon packed with neighbourhood watches, police, and emergency services. "The police were extremely nice and willing to help."

Nel suspects that they were being watched because the men knew the exact time to enter.

The group has since been for trauma counselling, and they still have a few more sessions to attend.

"It was very traumatising. It didn't only affect us but also the people around us. Our families are worried about us going out at night and even our kids can feel the anxiety of what we went through," Nel added.

They are currently looking for another venue where they can continue to do Zumba dancing as none of the women want to go back to the old venue. Nel would like to urge others out there to be vigilant, to make sure that their gates and doors are locked, and to report anything suspicious.

Rustenburg police spokesperson, Ofentse Mokgadi, confirmed the incident and said that no arrests have been made.

If you have any information, please contact the Rustenburg police station at 014 590 4115.

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The following fields of study are as follows: • N6 Certificate in Human Resource Management • N6 Certificate in Public Management/Administration • N6 Certificate in Financial Management/Business Management • N6 Certificate Management Assistant.

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Ref No: K34873/02 • Centre: Provincial Office & Districts (Bojanala, Ngaka Modiri Molema, Dr Kenneth Kaunda And Dr Ruth Segomotsi Mompoti)

Requirements: • Minimum of Bachelor's Degree or Diploma from recognized institutions of Higher Learning.

The following fields of study are as follows: • Bachelor's Degree/National Diploma in Human Resource Management • Bachelor's Degree/National Diploma in Public Management/Administration • Bachelor's Degree/National Diploma in Commerce in Accounting/Economics/Auditing/Cost and Management Accounting • Bachelor's Degree/Honours in Statistics/Social/Evaluation • Bachelor's Degree/National Diploma in Supply Chain Management/Logistics/Transport Management and Economics • National Diploma in Office Management and Technology • Bachelor Degree/National Diploma in Information Technology with Comptia A+ and N+ as an added advantage • Bachelor's Degree/National Diploma in Communication with Visual Arts Graphic Design/Marketing Public Relations/Journalism/Media Studies • Bachelor's Degree/National Diploma in Security and Records Management • Bachelor of Laws (LLB) • Bachelor's Degree/Hons in Epidemiology/Social Science • Bachelor's Degree/National Diploma in Labour Relations and Labour Law.

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Note: In line with the Employment Equity Plan of the Department of Health, it is our intention to achieve equity in the workplace by offering opportunities for promotion and fair treatment through the elimination of unfair discrimination. People with disabilities are encouraged to apply.

Please Note: • Applications will only be considered from South African unemployed youth aged between 18 and 35 years • Candidates who have already participated in an internship programme in any Government Department will not be considered • Applicants must indicate their preferred district as the reference number in their applications.

Note: Applications must be submitted on the **new form Z83** (fully completed), obtainable from any Public Service Department or www.dpsa.gov.za and should be accompanied by a recently updated, comprehensive CV and ID document and the names of three referees. Only shortlisted candidates for the post will be required to submit certified documents. Non-RSA citizens/permanent resident permit holders must attach a copy of their permanent residence permits to their applications. Should you possess a foreign qualification, it must be accompanied by an evaluation certificate from the South African Qualifications Authority (SAQA). Failure to submit the requested documents will result in the application not being considered. All qualifications will be verified. It will be expected of candidates to be available for selection interviews on a date, time and place as determined by the Department. Applicants must indicate the reference number of the post in their applications. Candidates requiring additional information regarding advertised posts should direct their enquiries to the relevant person as indicated in the advertisement. Applications received after the closing date will not be considered.

Note: Short-listed candidates will be subjected to security clearance and reference checking. Suitable candidates will be subjected to personnel suitability checks (criminal record check, citizenship verification, financial/asset record checks, qualification/study verification and previous employment verification). The Department reserves the right not to make appointments to the advertised posts. Failure to comply with the above requirements will result in the disqualification of the application. Receipt of applications will not be acknowledged and correspondence will be limited to short-listed candidates only. If you have not been contacted within 3 months of the closing date of this advertisement, please accept that your application was unsuccessful.

NB: Candidates should note the following information on the **new Z83** application form:

Part A: All fields must be completed in full.

Part B: All fields must be completed in full except when:

- Passport number: South African applicants need not provide passport numbers.
- An applicant has responded "No" to the question "Are you conducting business with the State? or are you a Director of a Public or Private company conducting business with the State? If yes (provide the details)", then it is acceptable for an applicant to indicate not applicable or leave blank to the question, "in the event that you are employed in the Public Service, will you immediately relinquish such business interests?"
- "If your profession or occupation requires official registration, provide date and particulars of registration" - Some applicants may not be in possession of such therefore it is acceptable if left blank or if not applicable is indicated.

Part C: All fields must be completed.

Part D: All fields must be completed.

Part E, F, G: Noting that there is limited space provided applicants often indicate "refer to Curriculum Vitae (CV) or see attached", this is acceptable as long as the CV has been attached and provides the required information. If the information is not provided in the CV, the applicant may be disqualified. It must be noted that a CV is an extension of the application of employment Z83, and applicants are accountable for the information that is provided therein. The questions related to conditions that prevent re-appointment under Part F must be answered.

Declaration must be completed and signed (including any attachments).

◆ **All applications must be addressed to Attention: Ms K.L. Monne, Private Bag X 2068, Mmabatho, 2735 or can be hand delivered at the Main Registry, Ground Floor at New Office Park Building, Cnr Sekame and First Street, Mafikeng.**

Closing Date: 02 December 2022



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Pit bulls, the fight continues

Rustenburg – With recent media attention, the frequency of violent pit bull attacks has been brought to many people's attention, and the debate on banning the questionably lethal, power breed continues.

Opinions on the matter differ as much as the opinions of the Democrats and the Republicans, it goes far beyond not seeing eye to eye. On the one side, we have concerned and – understandably – angered individuals who view the pit bull as an unpredictable threat; and on the other, we have breeders and owners who maintain that their beloved pets are harmless and ideal companions.

The pit bull – like the rottweiler, Doberman pinscher, German shepherd, and Rhodesian ridgeback (to name but a few) – is part of the 'power breed' group of canines. Any dog of the power breed group is in general larger, stronger, and has a higher intensity and pain tolerance level than other breeds. But does this necessarily mean that the pit bull is a natural threat to human beings and other animals?

After the death of 10-year-old Storm Nuku (Port Elizabeth), who was mauled to death by pit bulls on Monday, 27 September 2022, the Sizwe Kupelo Foundation started its petition to ban pit bulls as domestic pets in South Africa. "We cannot continue counting bodies because of this breed; it has proven itself to be a lethal and very dangerous animal. Its behaviour is no different from a gun; it has a killer instinct," Kupelo said in defence of his foundation's petition.

In *Platinum Publisher's* 29 July 2022 issue, we reported on a young family who was devastated by the tragic loss of their beautiful little girl who was mauled to death on Friday 22 July 2022 by a pit bull owned by her grandparents in

Thabazimbi. Their daughter, Liane Jason, was 1 year, and 7 months old when she tragically died. The pit bull, named Rocky, was just over a year old.

The National Council of SPCAs (NSPCA) has backed the Sizwe Kupelo Foundation. It's the NSPCA's mandate to protect animals, however, they also value human lives. According to the NSPCA's website: "Not only do people suffer from dog attacks, but other animals have also been victim to dog attacks and have been mauled to death by pit bulls... this is an issue where both human and animal life has been placed in danger by irresponsible people who lack the skills and knowledge required to handle power breeds. At first glance, the petition may appear to be outrageous, especially to pit bull owners, however, upon careful reflection, the petition advocates for the protection of people and responsible pet ownership. The petition calls for all pit bulls to be castrated/sterilised which would prevent the current rate of uncontrolled breeding. The petition also calls for stronger regulations for the keeping of pit bulls (and other power-breed animals) requiring owners to have permits to keep such animals." Niel Vermaak, who trains pit bulls and other breeds, doesn't entirely agree, "I don't think that banning a whole breed is the answer. The problem mostly lies with owners who don't know how to handle these dogs. I own a pit bull myself and she is the most loving dog. People often see pit bulls as a status symbol, they just want to own one, but they are not willing to give the time, love, and attention that these dogs require. I have trained many pit bulls and a little training can go a long way."

For more information on training your dog, contact Vermaak on 083 265 1860.

Looking into both sides of the spectrum, *Platinum Weekly* caught up with specialist investigator, Mike Bolhuis, to get his take on the matter. What Bolhuis relayed, is a more realistic and helpful point of view. "Because of the crime escalation in our country, people are always eager to up their security measures," explains Bolhuis, "unfortunately the pit bull has become an unchecked security measure."

Bolhuis emphasised that although he does not advocate the mass castration and sterilisation of the breed, he does believe that pit bull owners need to do a proper investigation before obtaining the dog. "A lot of people think that a pit bull will function as this big bouncer that will deter danger. But the truth is that if they don't do their homework properly, they will get a mindless bouncer that will unexpectedly turn on anybody. Before getting a pit bull, owners need to look at some important factors; they need to identify and properly evaluate where they are getting the dog from, and they need to assess and acknowledge all possible risks. The dog must come from a breeder that can prove a mixed bloodline because inbreeding (which often goes unchecked) is also a big factor in the dog's behaviour. Inbreeding in any species, be it a dog, cat, or cow, negatively influences genetics. Proper training is also essential. The dog needs to know its owner – who needs to investigate proper disciplinary measures – but at the same time, the dog must be allowed to bond with the rest of the family. Additionally, it must also be taken into consideration that a dog's temperament may change as it gets older. Owners may need to consider the possibility, that should their pit bull reach maturity, it may

need to be rehomed as it might not have the same tolerance for people as it had in its early years."

When asked about the legitimacy of people/rehabilitation centres who offer to come and remove pit bulls, Bolhuis stressed that as with the pit bull – and all other things – it is important to first do a proper background check. "As with anything, there will be scams. If you need to rehabilitate your dog, investigate the matter thoroughly. Find all the facts and look into the history."

Bolhuis, who has kept a firm thumb on the pit bull saga, has relayed more information on his website: mikebolhuis.co.za.

What can be concluded about this sensitive issue, is that it is important to look at the matter – not with an emotional mindset – but from an educated and informed point of view.



Bene is a pit bull who was trained by Niel Vermaak (Rustenburg).

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FROM PAGE 1

What a... dam(n) failure

Rustenburg – After three days of heavy rain, the wall of a dam which is on the property of a local mining company collapsed and the water followed the path of least resistance, flowing into the Paardekraal dam. The sudden flash flood caused the Paardekraal dam to overflow, flooding roads and bridges downstream.

Visiting the site, executive mayor of the Rustenburg Local Municipality, Sheila Mabale Huma said that it is the municipality's priority to restore the dams to the state it was before the dam failure. She added that the municipality was busy setting up a meeting between all the stakeholders to resolve the issue.

With the recent tailing dam failures fresh in the minds of everyone, the local communities' immediate fear was that of becoming the next Jagersfontein. Social media was flooded with videos from areas that were affected. A community member staying in Sunrise Park told *Platinum Weekly* that the alarm was raised on social media shortly after 11am on Tuesday morning (8 November).

It soon became clear that it wasn't sludge flowing from the dam, which poses a much greater risk, but water, and that it brought with it branches and whatever crossed its path downstream.

A warning was sent out by the RLM to notify everyone about the dangers of the flooding and the affected areas. The warning stated that the Mfidikwe, Paardekraal, Sunrise Park, Popo Molefe and Boitekong communities were directly affected by the gushing waters.

Residents were urged not to cross bridges where the water was overflowing, and by the grace of God, at the time of going to print, there was not one report of someone being

injured or killed in the incident. *Platinum Weekly* visited the affected area in Sunrise Park and found that the water was gushing over the bridge.

Just like the Hartbeespoort Dam, the Paardekraal Dam usually also looks like an evergreen rugby field because of the hyacinth which covers most of the dam. Hyacinth was swept along with the flood waters and covered areas downstream with a thick green carpet.

Kids were curious to see the streams of water overflowing the roads and bridges. "Look at this one. She is calling death," an onlooker said as she pointed towards one of the children. She added that the police should have put up danger tape to keep

people from getting close to the fast-flowing streams.

Shortly after *Platinum Weekly's* journalists arrived at the scene of one of the flooded areas, they witnessed a hair-raising incident. A truck, which was filled to the brim with kids, navigated its way across a flooded bridge. As it got close to the other side it looked as if it was losing the battle against the raging water. Holding on for dear life among the rest of the kids on the back of the truck, was a little girl who could not be more than 4-years-old. "We prayed that truck across the bridge" *Platinum Weekly's* Danika Minnaar said. By grace it started moving again and crossed over safely with its precious cargo. There was an audible

sigh of relief from the bystanders. Sunrise Park community member Yasin Murudin raised his concerns about learners who have to cross the bridge to go and write their year-end exams, and about people who have to cross it to go to work.

The Paardekraal Dam is situated between Sunrise Park and Sibanye's Thembelani mine. A tributary of the Hexriver feeds into the Paardekraal Dam, which in turn then feeds back into the Hexriver.

In the meantime, there was a lot of pointing of fingers as to the party responsible for the upkeep of the dams. The Paardekraal Dam is registered with the Department of Water and Sanitation, who also lists the RLM as the owner of the dam.



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33⁹⁹ Melrose Cheese Spread Asst 250g

79⁹⁹ Top Lay Large Eggs 60's

12⁹⁹ Sunbake Brown Bread 700g

14⁹⁹ Pepsi Soft Drink Regular 2lt

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ATM bombers flee on foot

Rustenburg – Police are requesting assistance to track down four suspects who have bombed an ATM located at Shell Garage along the N4 just outside Rustenburg.

The four – who were travelling on foot – bombed the ATM during the early-morning hours of Thursday 3 November 2022.

Police spokesperson sergeant Ofentse Mokgadi said nobody was injured during the bombing. “Four suspects arrived at the garage and bombed the ATM. The staff heard the explosion and ran for cover,” Mokgadi said, “The suspects made off with an undisclosed amount of money.”

Anyone with information that could lead to the arrest of the suspects, should please contact warrant officer Karel Khumalo on 082 773 0590.



The damaged ATM was removed in the meantime.

Robbers follow deliveries to homes



Rustenburg – It has been reported from outside sources that robbers have been following Uber Eats and Mr Delivery motorbike drivers to residential properties before attacking unsuspecting clients as they collect their orders.

As you go outside to collect your order, criminals exit their vehicles and hold you up at gunpoint before taking your valuables.

The South African Police Services (SAPS) urges community members to remain alert when leaving their homes to collect food or other deliveries and to ensure that no other vehicles have followed those delivering their parcels. Rustenburg Police spokesperson, sergeant Ofentse Mokgadi, urges recipients of deliveries to always scrutinise their surrounding environment, “No incidents of this nature have been recorded in Rustenburg, but we urge people to remain vigilant. Everyone must be on the lookout for the possibility.”

Have your say / Sê jou sê

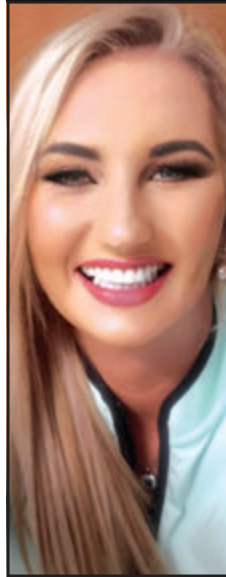
Do you consider yourself a master in the kitchen?

Do you love cooking and enjoy trying out new recipes, or can you barely fry an egg? Do you consider your meals to be scrumptious, or not?



Yes. I started cooking at an early age. My grandmother taught me to cook when I was young. I can cook for my family. I'm able to cook various types of dishes using different recipes and I have been able to refine my cooking skills through experience.

Aobakwe Kebaabetswe Tsholo



Yes. I enjoy spending time in the kitchen behind my pots and pans. It also gives me time to bond with my daughter when she lends me a helping hand. On Wednesday nights, we like making prawns with garlic and the smell of it makes the kitchen feel so homely. I like cooking but eating is more of my thing. Give me a delicious plate of food and I am the happiest person ever!

Ilse Marais

PUBLIC POLL: THE RESULTS ARE IN!

Do you consider yourself a master in the kitchen?

NO **35%** YES **65%**

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PLATINUM EVENT DIARY

Movie Night - Luck	11 Nov '22	Rustenburg: Laerskool Silwerstrand	064-957-6333
LOUFI Kevboii Jan Lubbe Live	11 Nov '22	Rustenburg: Hunter's Pub & Grill	082-726-0627
Juan Boucher Live Music	12 Nov '22	Rustenburg: 2Riviere Kroeg en Rooster	082-952-0548
Jukebox Heroes	11 Nov '22	Rustenburg: Jabulani Lodge	083-865-9585
Juan Boucher Live Music	12 Nov '22	Rustenburg: 2Riviere Kroeg en Rooster	082-952-0548
3rd BUA Mosadi Ema Ka Dinao Event	12 Nov '22	Rustenburg: Civic Centre	iTickets
Nick Oosthuizen Live Music	13 Nov '22	Rustenburg: Buffelspoort - Buffalo Grill	076-756-9120
Wild Land Fire Fighting Entry level course	16 Nov '22	Rustenburg: R24 Nico Roux Wildbedryf	076-837-7366
Corlea Botha	18 Nov '22	Rustenburg: Jabulani Venue	083-865-9585
Charity Golf Day	18 Nov '22	Mooiooi: Mooiooi Golf Club	071-131-4724

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SUDOKU

WEATHER REPORT NORTH WEST

RUSTENBURG

Thursday	10 NOV 2022	30°C - 16°C	10%
Friday	11 NOV 2022	25°C - 17°C	39%
Saturday	12 NOV 2022	23°C - 17°C	90%
Sunday	13 NOV 2022	26°C - 14°C	87%
Monday	14 NOV 2022	26°C - 15°C	39%

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PSALM 110

Announcement of the Messiah's Reign
A Psalm of David.

110 The Lord said to my Lord,
“Sit at My right hand,
Till I make Your enemies Your footstool.”
2 The Lord shall send the rod of Your strength out of Zion. Rule in the midst of Your enemies!
3 Your people shall be volunteers
In the day of Your power;
In the beauties of holiness, from the womb of the morning, You have the dew of Your youth.
4 The Lord has sworn And will not relent,
“You are a priest forever According to the order of Melchizedek.”
5 The Lord is at Your right hand; He shall execute kings in the day of His wrath.
6 He shall judge among the nations,
He shall fill the places with dead bodies,
He shall [b]execute the heads of many countries.
7 He shall drink of the brook by the wayside;
Therefore He shall lift up the head.

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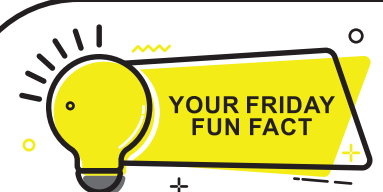
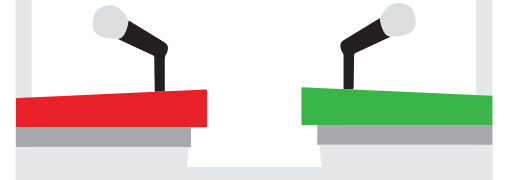
Should pit bulls be banned?

With recent media attention, the frequency of violent pit bull attacks has been brought to many people's attention, and the debate on banning the questionably lethal power breed continues. What do you think? Make yourself heard by sending an email to news@platinumweekly.co.za or a WhatsApp to 081 579 7000 with the following information before 17:00 on Tuesday 15 November 2022:

- Yes, pit bulls should be banned.
- No, pit bulls shouldn't be banned.
- The reason for your answer.
- A recent photo of yourself—so that we can publish it with your answer.
- Your contact details.

The results of the votes will be published in our next issue.

PS – You can also give your opinion by commenting on our Facebook post.



Did you know?

The crane fly might look like a big scary mosquito, but the good news is that it's completely harmless—and even a bit useful. They help the natural environment as their larvae feed on decaying-organic matter, meaning that they assist in the biological decomposition process. The crane fly is also not a bloodsucker. As a matter of fact, adult crane flies don't feed at all and only live for a couple of days – just long enough to mate and reproduce.



The crane fly



A common mosquito

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PLATINUM WEEKLY

The frail and vulnerable need help



Tshimologo Organisation currently houses 22 residents.

Rustenburg – Tshimologo Organisation is based on the Donkerhoek road at Alpha Lodge. They are a registered non-profit organisation that provides a home for elderly persons who are disabled or have nowhere else to go. There are currently 22 residents that rely on the organisation for food, frail care, and shelter. Most of the elderly residents receive only a SASSA pension which doesn't take them very far.

Despite their dire shortage of resources, the staff go out of their way to give the vulnerable residents the best possible care. "This is not just a job for us, it's a calling that requires empathy and patience. We make it our responsibility to ensure that they are well taken care of," said caregiver Tsietsi Maloba.

Marilyn Bester, an enrolled nurse who works at the facility, attends to the basic health care of the residents. They also have doctor Faraz Ahmad from Brits who assists them with more serious issues.

A lot of the residents are on chronic medication, so whenever it's time to refill their prescriptions, they must be taken to the hospital or clinic. The fuel for these trips is also an added expense for the facility.

Because the centre is nestled in the beautiful Magaliesberg mountains, the staff try to take their residents on scenic walks. "We can't just let them sit inside the whole time and they enjoy these walks, most of them are close to completely blind so it goes slow but at least they are not cooped up inside the whole time," said supervisor Johanna Mojela.

To provide the best possible care for them the organisation relies on donations from the community. "We mostly need the basic necessities like clothing, toiletries and food," added Mojela, "other items like beds and linen are always welcome. They are also in dire need of a fan, especially during the summer heat. We also need volunteers to come and spend time with the residents. Have a quick chat, help prepare meals, or even do a little bit of exercise with them."

These frail residents deserve a quality life in their old age, but to give them this the organisation needs the community's assistance.

For more information, or if you would like to assist, contact Johanna Mojela on 064 725 1476.



Supervisor Johanna Mojela (left) and caregiver Tsietsi Maloba.

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NOTICE IN TERMS OF REGULATION 68 OF THE DEEDS REGISTRIES ACT, 1937 (NO. 47 OF 1937) LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer No. ST 377/2019 passed by MOHAMED SHOAYB JUNADE, Identity Number 720413 5219 08 8 and ALECIA JUNADE, Identity Number 730504 0158 08 7, Married in community of property to each other, in favour of HELOISE VISSER, Identity Number 610323 0013 08 4, Married out of community of property, in respect of certain Unit consisting of (a) Section No. 2 as shown and more fully described on Sectional Plan No SS 559/2001 in the scheme known as ARENDWEG 115 in respect of the land and building or buildings situated at PORTION 65 OF ERF 1681 SAFARITUINE EXTENSION 4 TOWNSHIP, LOCAL AUTHORITY: RUSTENBURG LOCAL MUNICIPALITY, of which section the floor area, according to the said sectional plan is 209 (Two Hundred and Nine) square metres in extent and (b) An undivided share in the common property in the scheme apportioned to the said section in accordance with the participation quota as endorsed on the said sectional plan, which has been lost or destroyed.

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA within two weeks from the date of the publication of this notice.

HELOISE VISSER
Applicant
c/o MARGARET LEWIS INC.
Address 7 Kays Avenue, Bryanston Ext 3, Randburg
E-mail address law@margaretlewis.co.za
Contact number (011) 4622940
Deeds Office: Information Section, Mezzanine Floor, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002
Dated at Randburg on this 6th day of November 2022.

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RUSTENBURG CHILD & FAMILY WELFARE
The social worker, Louise van Zyl from Rustenburg Child & Family Welfare request the biological father of girl child with surname Swanepoel with date of birth 2007/02/06 to contact her urgently at 014 537 2014/72 or louiselabuschagne52@gmail.com.

RUSTENBURG CHILD & FAMILY WELFARE
The social worker, Louise van Zyl from Rustenburg Child & Family Welfare request the biological parents of girl child with expected date of birth 2022/08/25 who was left abandoned to contact her urgently at 014 537 2014/72 or louiselabuschagne52@gmail.com.

RUSTENBURG CHILD & FAMILY WELFARE
The social worker, Louise van Zyl from Rustenburg Child & Family Welfare request the biological parents of girl child with expected date of birth 2022/06/05 who was left abandoned to contact her urgently at 014 537 2014/72 or louiselabuschagne52@gmail.com.

RUSTENBURG CHILD & FAMILY WELFARE
In search of whereabouts of the biological father of boy child with surname Thompson, who is 11 years of age. Urgently contact the Social Worker, Ziné Walker from Rustenburg Child & Family Welfare at 014 537 2014/72 or zinewalker@gmail.com.

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LOST OR DESTROYED DEED
Notice is hereby given in terms of Regulation 68(1) of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer **T147093/2007** passed by Rustenburg Local Municipality in favour of RUSTDEV BELEGINGS PROPRIETARY LIMITED, REGISTRATION NUMBER: 1990/004485/07 in respect of certain **ERF 21227 BOITEKONG EXTENSION 23 TOWNSHIP REGISTRATION DIVISION J.Q., PROVINCE OF NORTH WEST**; HELD BY Deed of Transfer Number T147093/2007 which has been lost or destroyed. All interested persons having objection to the issue of such Deed are hereby required to lodge the same in writing with the REGISTRAR OF DEEDS at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks from the date of the publication of this notice. Signed at Rustenburg on 07 November 2022. **CONVEYANCER | CHRISTOPH GERHARD MEYER VAN VELDEN DUFFEY INC 67 BRINK STREET RUSTENBURG 0145921135 | christophm@vvd.co.za**

LOST OR DESTROYED DEED
Notice is hereby given in terms of Regulation 68(1) of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer T81632/1996 passed by THEUNIS JOHANNES GROBLER, Identity Number 700724 5247 083 and LORRAINE MARITSA GROBLER, Identity Number 740817 0107 088 married in community of property to each other in favour of EMILY DEBORA MOHOLENG, Identity Number 440510 0610 085, Unmarried in respect of **PORTION 3 OF ERF 1923 RUSTENBURG TOWNSHIP, REGISTRATION DIVISION J.Q., NORTH WEST PROVINCE HELD BY Deed of Transfer T81632/1996** which has been lost or destroyed. All interested persons having objection to the issue of such Deed are hereby required to lodge the same in writing with the REGISTRAR OF DEEDS at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks from the date of the publication of this notice. Dated at RUSTENBURG on the 8th day of November 2022. **CONVEYANCER, VOLKER HELMUT JOHANNES KRÜGER, VAN VELDEN DUFFEY INC, 67 BRINK STREET RUSTENBURG, 014 592 1135 volkerk@vvd.co.za**

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NOTICE OF EIA PROCESS AND SUMMATION OF BASIC ASSESSMENT REPORT
Notice is given in terms of Section 10 of the MPRDA, 2002 (Act 28 of 2002) and in terms of NEMA Amended Act of 2014 and the of the Amended EIA Regulations of 2017 Regulation 4 (6) of Regulations published in government notice R1355 of 17 October 1997 under Section 26 of the intent to carry out the following activities :

Description of purpose activity: Prospecting
Commodities: Chrome Ore
Location of the area is in district Rustenburg, North West Province
DMR REF NO: NW 30/5/1/1/2/ 13448 PR
Area description: Farm Kraalhoek 399 JQ
The name of the applicant is **TTTPMS MINING (PTY) LTD**
We are calling all Interested and Affected parties within the above mention farms to come register their names and concerns in **30 days** from this publication and also to avail themselves on the public meeting which the date and place will be sent to them if they contact the email below
Please register before due date to the following **EAP: Ms TC Ndou | Cell No: 073 342 8855 Email address: tshilidzi.ndou@gmail.com**

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WHAT'S Cooking?



Miranda Fourie



Tahini bread

Healthy Tahini Bread

Miranda Fourie (Rustenburg) is a working mom and a general busybody. She runs her own Impaq home-schooling centre and is a wife and a mother of three. With a busy schedule, Miranda likes to take care of her family's wellbeing by using healthy recipes.

Tahini bread is gluten-free and a great way to add some extra protein to your diet—keeping you fuller for longer! "I love this special bread as it doesn't make me feel bloated," says Miranda, "It smells and tastes delicious too. I buy one bottle of tahini a month, and I bake two loaves, which lasts me a whole month (your slices must be thin).

Ingredients:

- 250 g Tahini (sesame seed paste)
- 6-8 eggs
- 2 tbsp linseeds/ flaxseeds (powder may also be used)
- 2 tbsp nutritional yeast
- 1 tsp salt
- 2 tsp baking powder
- 1 tbsp apple cider vinegar

Method:

1. Beat the eggs well and add all other ingredients.
2. Mix well and pour into a greased pan.
3. Bake for 60 minutes at 180 degrees Celsius.
4. Cut into thin slices and store in the fridge or freezer (toast before eating).

Adapted recipe from:
Fit, Healthy, Happy Mom
sharnayandjulius.fit

If you want your recipe featured in the *Platinum Weekly* newspaper (free of charge), contact Danika Minnaar at 081 579 7000 or email editorial@platinumweekly.co.za.

A HELPING HAND FOR UKRAINE

Rustenburg – Madeleine Reader was scrolling through Facebook earlier this year when she came across a video of Michele Potgieter, a missionary based in a Ukrainian town named Reni. Michele and her late husband have been spreading the word of God in Ukraine for the past 26 years through Light for the World Christian Church. Through various projects, they have made a difference in the Reni community.

After the war started in Ukraine in February, they have taken in and provided food for refugees from all over the country who had to flee their hometowns. Something about Potgieter's post just touched Reader's heart and she knew she had to do something to assist them. Reader believed that her need to help was an instruction from the Holy Spirit, so she reached out to Potgieter to find out where she could assist.

In her quest to raise funds for Potgieter's charity, Reader contacted people from all over the world and asked them to donate toward the Light for the World Church. This helped them to continue their good work not only for the people of Reni, but also for others in need outside of the shelter. Reader started the Love Reni project to raise funds in Rustenburg. She first started selling hot dogs outside her salon, Springbok Haarkapper. She then bought a gas braaier and sold raffle tickets and then auctioned off wine at a local school. All these projects have helped to put food on the table for many refugees in Reni.

During September, Reader had the opportunity to visit Reni and Light for the World. "The closest I've ever been outside of South Africa was Mozambique, but I was determined to visit Ukraine. There were so many challenges, but God just opened door after door for me," Reader said in an interview with *Platinum Weekly*.

In Reni, Reader had the opportunity to meet Potgieter in person and hear the stories of the people who rely on Light for the World and the donations they receive by God's grace.

One thing that really stood out for Reader was when the people arrived to eat. For some, this was their first and only meal for the day, yet despite their hunger, they first joined in a prayer and devotion session before having their meals.

"This reminded me of John 6:35: *I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.*" said Reader.

Winter is around the corner in Reni, and temperatures can easily drop to -20 degrees Celsius. They rely heavily on firewood to cook and keep the building warm. In the past, the mayor of the town gave them free rein to fell the trees in the area, but due to the increase of refugees, the demand is too big.

Reader's next project is to help raise funds so that Light of the World will have enough funds to buy wood to get them through the winter. They will need approximately 30 tonnes of wood and one-tonne costs about R2,800. Unfortunately, wood can't be sent to Reni, so Reader will sell wood at her salon for R10 a bag and the funds will go towards wood for Light of the World. Reader appropriately called this project Wood for Wood. Buy wood for your next braai and keep a child in Reni warm during the winter.

There is also currently a project to sell Christmas

cards to raise funds. These cards can be ordered from Reader at R30 per card or R100 for four. Love Reni will also be at the OMGEE FEES on Saturday 19 November 2022 at the NG Kerk Suid on the corner of Kerk and Unie street. Potgieter is currently in South Africa and will be attending the festival.

To order your Christmas cards, buy wood, or for more information on how to get involved, contact Reader at 084 517 8302.

Reader is also now in constant correspondence with the Ukrainian Association of South Africa, which consists of Ukrainian nationals living in South Africa.



Madeleine Reader (left) and Tatyana Popova. Tatyana is a qualified chef and a refugee that has been helping to cook for other refugees at Light for the World Christian Church.

EQUIPPING WOMEN IN THE BATTLE AGAINST CANCER

Rustenburg – Boitekong and Tlhabane community members were educated on recognising breast cancer symptoms during an awareness campaign on Monday 24 October 2022. Nurses and doctors at Boitekong Health Centre and Tlhabane Community Health Centre interacted with patients and urged community members to take charge of their health.

Professional nurses Lethogonolo Mekgwe, and Virginia Sekoboane gave health tips. "Signs of breast cancer include a lump in the breast, a bloody discharge from the nipple, and changes in the shape or texture of the nipple or breast," Mekgwe said.

She also urged women to seek medical help as soon as they experience symptoms such as pain and swelling in the legs, unexplained weight loss, vaginal bleeding in between periods, vaginal discharge with a strong odour, pelvic pain, and bleeding after sexual intercourse.



Boitekong Clinic staff members engaged with the community during the cancer awareness initiative.

GLENCORE'S BOSHOEK SMELTER ENGAGES THE COMMUNITY THROUGH ITS ANNUAL OPEN DAY

Rustenburg – Glencore Ferroalloys' Boshhoek Smelter recently showcased the value it places on community engagement by hosting its annual Community Open Day on 26 October 2022. The open day aims to effectively involve and engage community members who live around the smelter's operations in understanding how the smelter operates, the opportunities that exist within the smelter, and how to access them.

Local communities, which comprise of Robega, Mafenyia, Chaneng, Rasimone, and Boshhoek, were invited to the open day, which was held at the Robega Community Hall. A few of the local schools in the community were also invited to get an opportunity to learn more about the smelter as a prospective working environment as well as the requirements needed to qualify for study bursaries, learnerships, scholarships and other community training initiatives.

"This is a very important day for Boshhoek Smelter because we really value the interactions we have with our community members. These types of engagements speak to us jointly working towards a mutually sustainable future and a favourable relationship with our valued community members. The main focus today is to ensure that our communities understand what our business entails and how we operate. It's great to see community members from all spheres, starting from school pupils right up to business owners, who have joined us so that they can soak in all the knowledge we have to share, which can ultimately be for their betterment. We truly hope that this session was beneficial for all who attended, and we look forward to engaging further and growing stronger relationships," said Kris Vorster, Boshhoek smelter human resources manager.

The day's programme included taking visitors through various stalls and presenting them with information on the different opportunities for local suppliers, SMMEs and long-term contractors that support the smelter.

Glencore press release extracts, November 2022



Learners gathered at the Glencore Boshhoek stall to hear of skills developments, bursaries and leadership opportunities offered.

ACCOLADES FOR IMPALA RUGBY STARS



Impala Rugby Club awarded outstanding players for the 2022 season.



Impala Rugby Club president Wynand Burger (left), player of the year Hanru Botha, and first team captain Jakes Britz.

Rustenburg – The top performing players during the 2022 season were handed trophies of achievement by the Impala Rugby Club on Thursday 3 November 2022. The awards were given to the players during the club's end-of-year function, which officially brought the curtain down on yet another rugby season. Outstanding players from the club's four teams were rewarded for their consistent performances throughout the season. Well done to Jo-Anne Grobler (women's team player of the year); Rafense Moabi (junior player of the year); Kenan Davis

(junior backline player of the year); Keagen Corbett (junior forward player of the year); Jakes Britz (players' player of the year); Mcebisi Nomandela (second team player of the year); Wimpie Koekemoer (third team player of the year); Yssel Morton (forwards player of the year); Drikus Blignaut (backline player of the year); Hanru Botha (player of the year) and Spiedie du Plessis (clubman of the year). With the 2022 season now over, all players are on a brief break before they regroup again on 15 November for off-season training.

Pedal to the metal

Rustenburg – Six members of the Rustenburg Cycling Club (RCC) participated in the FNB Wines2Whales mountain bike race from 4 to 6 November 2022.

Jaco Verwey, Dana Vos, Henri de Kok, Joe van Jaarsveld, Louwrens Oosthuizen, and Cobi Scheepers – who are all affiliated with the RCC – enjoyed three days of cycling in the Western Cape.

The 2022 FNB Wines2Whales succeeded in delivering a uniquely South African

mountain bike experience. Competitors rode through different terrains such as private farm roads, majestic mountain singletracks, and a historical wagon path.



Jaco Verwey and Dana Vos



Louwrens Oosthuizen and Cobi Scheepers



Henri de Kok and Joe van Jaarsveld

Soccer final gets pulses racing

SA – Kaizer Chiefs and Orlando Pirates square off on Saturday 12 November 2022. This match will decide which of the popular teams will progress to the finals of the Carling Black Label Cup.

On the same day, Mamelodi Sundowns will also play against AmaZulu as the race to win another major domestic soccer title reaches its apex.

With the final also scheduled to be played on the same day, the match between the Chiefs and Pirates has become a very hot topic among soccer supporters. Duels between these two powerhouses of South African soccer are always one of the major highlights of the season and tend to bring out the best in both teams.

The last time the two titans were pitted against each other, the Chiefs secured a 1-0 win through a strike that helped them become a leading contender for the goal of the season. However, after their setback, the Pirates proceeded to register a 1-0 win over AmaZulu in the finals of the MTN8 Cup.

The Chiefs will therefore have to be at their very best if they intend to get the better of their

equally powerful rivals.

Carling Black Label Cup Fixtures

Saturday 12 November 2022

- Mamelodi Sundowns vs AmaZulu (kick-off at FNB Stadium is at 9:30)
- Kaizer Chiefs vs Orlando Pirates (kick-off at FNB Stadium is at 12:00)



Kaizer Chiefs supporters will be hoping for victory when their team faces Orlando Pirates on Saturday 12 November 2022. Photo credit: Kaizer Chiefs' Facebook.

Boitekong Masters maintain third spot



Boitekong Masters defeated CR7 Masters by a 3-0 margin

Rustenburg – Boitekong Masters recorded a 3-0 win over CR7 Masters on Sunday 6 November 2022 and maintained their third spot on the log.

The win took Boitekong to 57 points but despite the positive result, they are still a massive 14 points behind log leaders Platinum Masters.

The Bojanala Masters football league

secretary, Chris Kusane, commented, "There will not be any matches this weekend. We will only be playing our next matches on 20 November. We are still waiting for the confirmation of the venue."

Each of the 18 clubs is scheduled to play six more matches before the 2022 season comes to an end.

2022 Autumn Nations Series

Verrassings, trane, blydskap en naels kou was aan die orde van die dag ou grote! Die grootste skok was dalk die oorwinning van die Pumas oor die Engelse Rose. Dit is die eerste keer in 35 jaar dat die Argentynse 'n oorwinning oor die Ingelse bleekbene op Twickenham behaal en wen die riller 30-29. Die Pumas se linkervleuel, Emiliano Boffelli, sal die toets vir ewig onthou. Boffelli teken 25 van sy span se 30 punte aan. Sy skopskoen was giftig en klits ses strafskoppe en



een doelskop deur die pale en druk ook 'n puik drie. Die Puma haker en *cappie*, Julián Montoya het van voor af gelei en het 'n puik dag op kantoor gehad.

Die hoog aangeskrewe Franse klop die Aussies net-net met 30-29 na 'n skitter drie deur die regtervleuel, Damian Penaud, in die 75ste minuut. Die All Blacks verwoes Wallis en druk agt skitter drieë vir 'n 55-23 oorwinning. Vir die Kiwi's het die *skrummie*, Aaron Smith meesterlik vertoon en druk ook twee puik drieë.

Voor nagenoeg 72,000 singende Ierse ondersteuners klop die Ierse die Bokke 19-16. Dit was hard en die bloed het gevloei. Vir die Bokke het Eben Etzebeth letterlik en figuurlik bo sy maats uitgestaan. Hierdie rowwe bliksem het dalk sy beste toets ooit gespeel en was die veld vol en in die proses ook sestien duikslae uitgevoer. Die Bokke nodig dringend 'n erkende losskakel of dalk sommer net 'n Morné Steyn! Alla oom Johnny Sexton. Die Bokke se volgende *game* is teen die

Franse en maklik gaan hierdie een nie wees nie ou groene!

Uitslae:

- Roemenië 30-23 Chili
- Skotland 28-12 Fidji
- Italië 49-17 Samoa
- Wallis 23-55 Nieu Seeland
- Ierland 19-16 Suid Afrika
- Spanje 6-40 Tonga
- Frankryk 30-29 Australië
- VSA 68-14 Kenia
- Engeland 29-30 Argentinië

Bepalings:

- Sat 12 November
- Tonga 02:00 Chili
- Portugal 14:00 Kenia
- Ierland 15:00 Fidji
- Nederland 15:30 Kanada
- Georgia 16:00 Samoa
- VSA 16:30 Hong Kong



HSBC Hong Kong Sevens


Die Blitsbokke stel erg teleur in die Hong Kong Sewes en kon net een *game* wen. En die wen was maar sukkel teen Uruguay ou grote. Die Blitse kon nog nooit die toernooi wen nie. Die nuwe afrigter sal gou moet terugkom aarde toe.

Die Aussies klop Fidji in die finaal en wen sodoende hul eerste Hong Kong titel in 35 jaar! Die volgende toernooi is vroeg in Desember in Dubai en hopelik sal die Blitse daar opdaag!

Nag ou groene...

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Exciting finals in the Metshameko school soccer and netball tournament

Rustenburg – The final games in the Metshameko school football and netball programme – sponsored for the first time this year by Impala Rustenburg, Royal Bafokeng Holdings, and Royal Bafokeng Sports – was held on Saturday 29 October 2022 at a Championship Festival at the Royal Marang Hotel in Phokeng.

The jam-packed day of playoffs culminated in a prize-giving and awards ceremony to celebrate the best performers of the day. The 2022 Metshameko tournament launched in mid-May and nearly 2,000 learners from 42 primary schools and 23 high schools in the greater Rustenburg area have benefitted from the weekly programme of coaching, games and playoffs. In addition, 215 coaches and umpires took part in the 2022 programme, including 140 teacher coaches, 30 volunteer coaches and 45 umpires.

- u/13 netball: Retlakgona Public Primary School
- u/17 football: Tshukudu Secondary School
- u/17 netball: Freedom Park Secondary School

Numerous other medals, trophies and awards were presented to high-performing players and coaching teams.

Mark Munroe, chief executive of Impala Rustenburg, said the company is proud to partner with Royal Bafokeng Holdings and Royal Bafokeng Sports in this invaluable sports initiative, which aligns perfectly with Impala Rustenburg's commitment to investing in young people and schools in the mining community. "This is a highly impactful programme that delivers far more than the opportunity to play a sport," said Munroe, "It also enriches lives through life skills learned, leadership qualities gained, effective teamwork, and by boosting self-esteem, all of which can change the trajectory of a child's life and help contribute to a successful future."

Brandon Silent, Sports Specialist at Impala Rustenburg, says the programme benefits the children immeasurably, giving them an opportunity to display their talent in the different sports, while also ensuring they improve their game throughout the tournament. "A highlight of Metshameko for me is identifying the children with the talent that can take them a lot further in their sporting careers, enabling them to hold on to their dream to play for the national teams."

Impala Platinum press release extracts, November 2022



Reklagona Primary, the u/13 netball champions.



Vuka Primary Farm School (orange shirts) facing off against Platinum Village Primary School (green shirts).



Freedom Park Secondary, the u/17 football winners.



Matsukubiyane Secondary School coaches, Kagiso (left) and Olerato Mapokanye.

- The 16 school teams who made it through to the playoffs were:**
- u/13 football: Platinum Village, Vuka, Saron, and Mfidikwe primary schools
 - u/13 netball: Seraleng, Moremogolo, Reklagona, and Mfidikwe primary schools
 - u/17 football: Matetenene, Kitsong, Tshukudu, and Matsukubiyane secondary schools
 - u/17 netball: Matetenene, Khayaletu, Freedom Park, and Matala secondary schools
- The winning school teams in each category were:**
- u/13 football: Mfidikwe Primary School

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Peanut
Butter

24.99
400g

BEST COOK
Instant Noodles
Multipack
Assorted

5's
BUY TWO
40
x 2 packs

GOLDEN RAY
Full Cream Long Life Milk

79.99
6 x 1L

NUTRIFIC
Wholewheat
Biscuits

24.99
450g

GOLDEN RAY
Corn Flakes

19.99
500g

NESTLÉ
Cremora
Creamer
750g &
NESCAFÉ
Ricoffy Instant
Coffee 250g

BUY BOTH
80
per combo

LAAGER
Rooibos
Teabags

21.99
40's

Fresh Beef
Shisa Nyama
(Class A)

98.99
per kg
OR BUY R285
3KG

Fresh
Vuyo's Wors

79.99
per kg
OR BUY R229
3KG

MAMA'S
Plain / Chilli Russians

49.99
per kg
OR BUY R169
4KG

Fresh Pork
(Loin / Rib /
Rashers)

69.99
per kg
BUY 3KG FRESH BULK
PORK PACKS (SHOULDER /
LEG / STEW) R179
FOR ONLY

Frozen Sliced
Beef Liver

49.99
per kg
OR BUY R139
3KG

Frozen
Chicken Feet (Large)

48.99
per kg
OR BUY R139
3KG

Imitation Cream
Doughnuts

BUY TWO
36
2 x 4's

Imitation Cream
Buns

BUY TWO
38
2 x 6's

Imitation Cream
Chocolate /
Vanilla Cake

69.99
each

Go Meal 1
(1 Piece Chicken &
Pap & Gravy) &
COCA-COLA
Original Soft
Drink 440ml

BUY ALL
35
per combo

Go Meal 2
(2 Pieces Chicken &
Pap & Gravy) &
WET
Energy Drink
500ml

BUY ALL
45
per combo

2 Deals Per Customer

TASTIC
LONG GRAIN PARBOILED RICE
Perfect Every Time.

2kg

BUY TWO 45
2 x 2kg

2 Deals Per Customer

Stayfree
REGULAR FOR NORMAL FLOW
WINGS UNSCENTED

2 Deals Per Customer

BUY TWO 24
x 2 packs

STAYFREE
Maxi Pads Assorted
8's / 10's

8's / 10's

REGULAR
FOR NORMAL FLOW
WINGS UNSCENTED

+ & GET THIS FREE!

& GET R100 OFF* YOUR BLACK FRIDAY SHOPPING on 25th November 2022

500g

FATTI'S & MONI'S
Macaroni 500g / Spaghetti 500g & BEST COOK Pilchards Assorted 400g

400g

BUY BOTH 30
per combo

GOLDEN RAY
Mayonnaise

750g

23.99

BEST COOK
Tomato Sauce

750ml

24.99

EVOLVE
Male / Female Anti Perspirant Roll On Assorted

50ml each

18.99

EVOLVE
For Men Body Lotion Assorted 400ml / Skin Science Body Lotion Assorted 400ml

400ml each

39.99

PROTEX
Bath Soap Assorted

3 x 150g

BUY THREE 33

GOLDEN RAY
Brown Sugar

2kg

32.99

GOLDEN RAY
Cake Wheat Flour

5kg

49.99

CARIBBEAN
Smoothie Dairy Mix Concentrate Assorted

1L

10.99

CONTE
Premium 1 Ply Toilet Tissue 300 Sheets

10's

26.99

AQUASMILE
Plus Toothpaste Assorted

75ml

21.99

FRESH WAVE
Dishwashing Liquid

750ml

25.99

SUNFREE
Diapers Medium / Large / Extra Large 100 Pack

Selected Stores

Equals to *1.50 per Diaper

149.99
100's

NESTLÉ
Nespray Milk Powder

400g

49.99

SIMBA
Nik Naks Assorted

2 x 135g

BUY TWO 22

POWER PLAY
Energy Drink

2 x 440ml

BUY TWO 22

COCA - COLA
Original Soft Drink

1.5L

15.99

OROS
Original Orange Squash 2L & FRIMAX Hot Pops Assorted 100g

2L

100g

BUY BOTH 40
per combo

BRUKES
Oros Original Orange Squash 2L & FRIMAX Hot Pops Assorted 100g

149.99
100's

COLLECT YOUR R350 GRANT HERE

10kg Golden Delight Long Grain Parboiled Rice

10kg SHIBOBO Super Maize Meal

2.5kg HULETT'S White Sugar

BUY ALL 199
per combo

SAFE • CONVENIENT • QUICK

HEINEKEN
Lager NRB 3 x 650ml

BUY THREE 65

CASTLE
Lite NRB 2 x (6 x 330ml)

BUY TWO 125

BRUTAL FRUIT
Assorted Cans 2 x (6 x 500ml)

BUY TWO 175

BOXER LIQUORS

PRICES VALID AT SELECTED BOXER LIQUOR STORES ONLY Not for Sale to Persons Under the Age of 18. Drink Responsibly. A Proud Member of the ARA

WHY WAIT!

BOXER THE HOME OF

BLACK FRIDAY DEALS



2 Deals Per Customer

750g

ELLIS BROWN
Creamer 750g &
GLEN
Tagless Teabags 100's



100's

BUY BOTH
50
per combo



2 Deals Per Customer

750g

AS SEEN ON
TV



700ml

NOLA
Mayonnaise
750g &
ALL GOLD
Tomato Sauce
700ml

BUY BOTH
50
per combo



2 Deals Per Customer

SUNLIGHT
Hand Washing
Powder

R50
2kg

AS SEEN ON
TV

2 Deals Per Customer



SUNLIGHT
Laundry Soap

AS SEEN ON
TV

BUY THREE
45
3 x 500g

+R100

OFF* YOUR BLACK FRIDAY SHOPPING
on 25th November

*When you spend R750 on Advertised Products

Ts & Cs APPLY *

PRICES VALID AT BOXER KWAZULU-NATAL STORES ONLY

<http://www.facebook.com/boxersuperstores/> • [@BoxerStores](https://twitter.com/BoxerStores) • www.boxer.co.za • Boxer Customer Careline : 0860 02 69 37 • Download the BOXER App
Range May Vary. Prices include 15% VAT where applicable. Boxer will attempt to have sufficient advertised stock available to meet our customers anticipated demand, however if we still run out of stock we will obtain the stock or we will offer you a reasonable alternative. Boxer reserves the right to limit quantities per customer. Boxer takes utmost care to ensure that all promotion leaflets are correct. If, however, in the unlikely occurrence of a mistake, we will display a notice in-store with all the correct details. E.&O.E. Terms & Conditions apply.

SAVE ON OVER 1000 DEALS EVERY WEEK

7 NOVEMBER - 20 NOVEMBER 2022



SAVE 15%
186⁹⁹
700g each
WITH CARD
Cape Point Frozen Platter Prawns



52⁹⁹ per kg
Farmer's Choice Fresh 16-Piece Chicken Braai Pack



SAVE 13%
25⁹⁹
2L each
WITH CARD
Dewfresh Fresh Full Cream/Low Fat Milk



SAVE R20
89⁹⁹
200g each
WITH CARD
Nescafé Classic Instant Coffee All Variants

BUY ME TO WIN



SAVE R50
ANY 2 FOR
R130
WITH CARD

Ola Gino Ginelli Ice Cream All Variants 2 x 1,4L

1,4L



SAVE R35
189⁹⁹
per pack
WITH CARD

Huggies Dry Comfort Jumbo Pack Disposable Nappies 66/94/76/60/56 OR Gold Disposable Pants 62/50/44/38

STAND TO
WIN
A COROLLA CROSS XR HYBRID CAR
EVERY WEEK UNTIL CHRISTMAS



BUY ANY 3 PARTICIPATING PRODUCTS AND SWIPE YOUR XTRA SAVINGS CARD TO ENTER.



Checkers

better and better

also at **Checkers Hyper**

Checkers **SIXTY 60**



download the app

OFFERS VALID FROM MONDAY 07/11/2022 UNTIL SUNDAY 20/11/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES, WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE), XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

A WIDE SELECTION OF OUR BUTCHERS' BEST CUTS



59⁹⁹ per kg
Marinated Spatchcock Chicken



89⁹⁹ per kg
Thor's Hammer Beef Shin



95⁹⁹ per kg
Championship Thin/Thick Rosette Boerewors



95⁹⁹ per kg
Farmstead Pork Saddle Chop



139⁹⁹ per kg
Lamb Gourmet Potjie



159⁹⁹ per kg
Steakhouse Classic Man-Sized Beef Rump Steak - R47,99 per 300g

GOURMET SEAFOOD AT HARBOUR PRICES



17⁹⁹ per 100g
Frozen Medium Kingklip



SAVE R10
119⁹⁹ 350g
Cape Point Large Frozen Pink Prawn Tails



SAVE R10
179⁹⁹ 800g each
Cape Point Frozen Prawn Meat



SAVE R16 ALL 3 FOR
R280
Fisherman's Deli Large Frozen Peeled Prawns 400g & uMoja Frozen Half Shell Mussels 400g & Cape Point Frozen Calamari Rings 500g



66⁹⁹ per kg
Farmer's Choice Fresh 12-Piece Chicken Filets



54⁹⁹ per kg
Farmer's Choice Fresh 8-Piece Chicken Wings



59⁹⁹ per kg
Simple Truth Free-Range 100% SOUTH AFRICAN GROWN Whole Chicken

PLANT-BASED



SAVE R14
58⁹⁹ 380g each
Fry's Plant-Based Frozen Chicken-Style/Thick Cut Chunky Strips



SAVE R12
42⁹⁹ 375g each
Eskort Pork Sausages All Variants



SAVE R21 BUY 2 FOR
R45
Tirolean Meats Shoulder Bacon 2 x 200g



SAVE R15
64⁹⁹ 700g/1kg each
Rainbow Simply Chicken Polony All Variants



SAVE R20
89⁹⁹ 1kg each
Rainbow Simply Chicken Viennas All Variants

DELI DELIGHTS



SAVE 23%
26⁹⁹ 85g each
Farmer's Deli Salami Sticks All Variants



SAVE R25
59⁹⁹ 400g each
I&J BatterCrisp Frozen Hake Portions All Variants



SAVE R15
54⁹⁹ 800g
I&J Original Frozen Fish Fingers



SAVE 25%
65⁹⁹ 500g each
Sea Harvest Crisp & Chunky Frozen Crumbed Fish All Variants



SAVE R30
79⁹⁹ 600g each
Sea Harvest Frozen Plain Hake Fillets



SAVE 10%
59⁹⁹ 400g each
Tirolean Meats Sliced Loaf All Variants

FRESH FROM OUR BAKERY



SAVE 10% ANY 2 FOR
R35
Freshly Baked Millstone Focaccia Bread All Variants



SAVE 12%
39⁹⁹ per pack
The Bakery Assorted Cupcakes 6 per pack / Mr Fun Lumo Cupcakes 12 per pack



SAVE 10% FROM
28⁹⁹ each
Ready to Braai Roosterkoek 4 per pack / Mini Ciabattas 6 per pack



SAVE R10
89⁹⁹ each
The Bakery Black Forest Cake

FUSS-FREE FEASTING



BUY ANY 2 & SAVE 10%
Café Culture Spinach Pie - Bobotie Pie - British Rolls 2 per pack



SAVE 10% FROM
14⁹⁹ each
Mr Fun Pizzas Margherita 100g - Hawaiian 130g



SAVE 10%
39⁹⁹ each
The Menu Cauliflower Tots 425g / Potato Mash 500g



SAVE 10%
89⁹⁹ 800g each
The Menu Bolognese/Chicken Spinach & Mushroom Pancakes



BUY ANY 2 & SAVE 15%
The Menu Ready Meals All Variants 300g/350g



BUY ANY 2 & SAVE 12%
The Menu Dessert Peppermint Crunch 95g - Strawberry Cheesecake 100g - Trifle 270g

OFFERS VALID FROM 7 NOVEMBER 2022 UNTIL 20 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES.

CHOOSE FROM
A WIDE RANGE OF
CHEESES



SAVE R25
89⁹⁹
800g each
WITH CARD

Ladsmith Cheddar/Gouda/White Cheddar/White Gouda Cheese



SAVE 18%
26⁹⁹
200g each
WITH CARD

Crystal Valley Cottage Cheese All Variants



SAVE 15%
32⁹⁹
100g each
WITH CARD

Fairview White Rock Cheese All Variants



SAVE 10%
32⁹⁹
200g each
WITH CARD

Lancewood Grated Cheese All Variants



BUY ANY & SAVE 15%
WITH CARD

Lancewood Crème Fraîche Mascarpone 250g Each



SAVE 16%
24⁹⁹
175g each
WITH CARD

Lancewood Dip & Top All Variants



SAVE 12%
43⁹⁹
230g each
WITH CARD

Parmalat Cheddar/Gouda Cheese All Variants



SAVE 12%
43⁹⁹
85g each
WITH CARD

Meze Parmesan Cheese Shaker



BUY ANY & SAVE 15%
WITH CARD

President Cheese Range All Variants

wine route WE BRING THE WINE ROUTE TO YOU!



SAVE R10
59⁹⁹
750ml each
WITH CARD

Laborie Chenin Blanc Sauvignon Blanc Chardonnay



SAVE R15
79⁹⁹
750ml
WITH CARD

Diemersdal Sauvignon Blanc



SAVE R15
79⁹⁹
750ml
WITH CARD

Haute Cabrière Pinot Noir Rosé



SAVE R20
89⁹⁹
750ml
WITH CARD

Haute Cabrière Chardonnay Pinot Noir



SAVE R30
ANY 2 FOR R130
WITH CARD

Jakkalsvlei Moscato White - Pink - Red 2 x 750ml



SAVE R20
ANY 2 FOR R100
WITH CARD

Robertson Winery Ruby Cabernet Sauvignon Blanc Chardonnay 2 x 750ml



SAVE R10
59⁹⁹
750ml each
WITH CARD

Ken Forrester Petit Pinotage Cabernet Sauvignon Chenin Blanc



SAVE R10
74⁹⁹
750ml each
WITH CARD

Van Loveren Chenin Blanc Sauvignon Blanc Pinotage Merlot



SAVE R15
89⁹⁹
750ml
WITH CARD

Alto Rouge Red Blend



SAVE R25
99⁹⁹
750ml
WITH CARD

Beyerskloof Synergy Red Wine



SAVE R25
ANY 2 FOR R125
WITH CARD

Spier Chenin Blanc Sauvignon Blanc Chardonnay Pinot Noir 2 x 750ml



SAVE R10
69⁹⁹
750ml each
WITH CARD

Darling Cellars Shiraz Pinotage Chocoholic Pinotage Merlot Cabernet Sauvignon



SAVE R15
84⁹⁹
750ml each
WITH CARD

Landskroon Merlot Cabernet Sauvignon



SAVE R20
99⁹⁹
750ml
WITH CARD

La Motte Millennium Dry Red



SAVE R10
79⁹⁹
750ml each
WITH CARD

Bon Courage Blush Pink Sparkling Wine

LiquorShop



289⁹⁹
750ml
Billiato Ultra Premium Liqueur



SAVE R25
159⁹⁹
750ml each
WITH CARD

Gordon's Pink Berry Sunset Orange Gin



499⁹⁹
750ml
Grey Goose Vodka



329⁹⁹
750ml
Jack Daniel's Gentleman Jack Double Mellowed Tennessee Whiskey



369⁹⁹
750ml
Auchentoshan American Oak Single Malt Scotch Whisky



SAVE R140
759⁹⁹
750ml
WITH CARD

Courvoisier VSOP Cognac

LiquorShop

SKIP THE QUEUE, SHOP ONLINE.

SCAN HERE



www.liquorshop.co.za

Not for Persons Under the Age of 18. Drink Responsibly.

SAVE R11

32⁹⁹
1.5L each

WITH CARD

Sir Fruit
100% Fruit Juice Blend
All Variants



SAVE 23%

22⁹⁹
1kg each

WITH CARD

Parmalat
Vanilla Flavoured Custard



SAVE R15

69⁹⁹
500g each

WITH CARD

Ladismith
Spreado Butter Spread



SAVE R11

ALL 3 FOR R55

WITH CARD

Tirolean Meats
Back Bacon 200g & Large Eggs 6 per pack & Blue Ribbon Classic White Bread 700g



MAKE EVERY MOMENT BETTER THIS CHRISTMAS

SAVE 18%

32⁹⁹
1kg each

WITH CARD

Lancewood
Double Cream Yoghurt
All Variants



BUY ME TO WIN

SAVE 18%

17⁹⁹
6x100g per pack

WITH CARD

Clover Classic Smooth
Dairy Snack All Variants



SAVE 13%

25⁹⁹
1kg each

WITH CARD

Dewfresh
Fruit/Smooth Yoghurt All Variants



SAVE R17

47⁹⁹
1.2L each

WITH CARD

Ola Rich 'n Creamy
Ice Cream All Variants



SAVE R30

BUY 3 & GET A 4TH FREE

WITH CARD

BUY 3 x Ola Magnum Ice Cream
All Variants 100ml & GET A 4th one FREE!



SAVE 26%

25⁹⁹
500g each

WITH CARD

Stork
Baking Margarine



SAVE R13

46⁹⁹
500g each

WITH CARD

Flora
Plant Butter



SAVE R10

59⁹⁹
500g each

WITH CARD

Dewfresh
Salted Butter



SAVE R10

59⁹⁹
each

WITH CARD

Flora Gold 60% Fat Spread 1kg/
ProActiv 35% Spread 500g



SAVE 18%

34⁹⁹
500ml

WITH CARD

Douglasdale
Fresh Cream



SAVE R10

29⁹⁹
1L each

WITH CARD

Blue Diamond Almond Breeze
Long Life Almond Milk All Variants



SAVE 20%

13⁹⁹
700g each

WITH CARD

Sunbake Standard/
Farmstyle White Bread



BUY ANY & SAVE R10

WITH CARD

Mezé Specialty Pita Bread/Bread Sticks/
Tortilla/Wraps All Variants per pack



SAVE 21%

14⁹⁹
100g each

WITH CARD

Danone Yogi Sip Drinking
Yoghurt All Variants



SAVE 16%

26⁹⁹
2L each

WITH CARD

Dewfresh Fruticool Dairy
Fruit Blend All Variants



SAVE R10

24⁹⁹
700g each

WITH CARD

Natures Garden
Frozen Stir Fry All Variants



SAVE R10

31⁹⁹
1kg

WITH CARD

Natures Garden
Frozen Mixed Vegetables



MAKE THE HEALTHIER CHOICE FOR A HAPPIER FAMILY!

High in vitamin A & D
Source of vitamin E
Tastes great
High in energy

BUY ME TO WIN

SAVE R13

36⁹⁹
1kg each

WITH CARD

Sunshine D
Original 60% Fat Spread

HIGH IN VITAMIN D



SAVE R13

36⁹⁹
each

WITH CARD

Bella Vita Frozen
Pizza All Variants

THREE CHEESE



SAVE R18

44⁹⁹
6 per pack

WITH CARD

Dr. Oetker Ital Frozen
Pizza Slices All Variants

ITAL PIZZA




SAVE R20

84⁹⁹
6/4 per pack

WITH CARD

Pieman's
Frozen Pies All Variants

CREAMY CHICKEN PIE



OFFERS VALID FROM 7 NOVEMBER 2022 UNTIL 20 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES.

SAVE R10

79⁹⁹

WITH CARD

Housebrand Sunflower Seed Oil

SAVE R17

29⁹⁹

WITH CARD

Sasko Cake Wheat Flour

SAVE UP TO 21%

BOTH FOR R90

WITH CARD

Kellogg's Corn Flakes Cereal 500g & All-Bran Flakes Cereal 500g

BUY ME TO WIN

SAVE 20%

28⁹⁹

WITH CARD

Tastic Long Grain Parboiled Rice

OVER 1000 DEALS EVERY WEEK

SAVE 21%

BUY 3 FOR R26

WITH CARD

Pot O' Gold Baked Beans in Tomato Sauce 3 x 410g

SAVE 20%

11⁹⁹

WITH CARD

Miami Braai Relish/Seshobo

BUY ME TO WIN

SAVE 23%

16⁹⁹

WITH CARD

Koo Peach Slices/Halves in Syrup

SAVE 21%

29⁹⁹

WITH CARD

Bull Brand Corned Meat All Variants

SAVE 18%

BUY 3 FOR R44

WITH CARD

Housebrand Shredded Tuna in Water 3 x 170g

BUY ME TO WIN

SAVE 23%

26⁹⁹

WITH CARD

Koo Grated/Sliced Beetroot

SAVE R12

16⁹⁹

WITH CARD

Shake Me Seasoning All Variants

SAVE R10

19⁹⁹

WITH CARD

Robertsons Chicken 168g/BBO 128g/Steak & Chops 160g Spice

SAVE R18

ANY 3 FOR R39

WITH CARD

Royco Cook-In Sauce/Potato Bake All Variants x 3

SAVE 17%

24⁹⁹

WITH CARD

Steers Sauce/Salad Dressing All Variants

SAVE R20

89⁹⁹

WITH CARD

African Gold Extra Virgin Olive Oil

SAVE R10

24⁹⁹

WITH CARD

Wellington's Tomato Sauce

SAVE R10

32⁹⁹

WITH CARD

Mrs Ball's Sweet Chilli Sauce

SAVE R20

ANY 2 FOR R50

WITH CARD

Kellogg's Instant Noodles All Variants 2 x 5x70g per pack

SAVE 28%

33⁹⁹

WITH CARD

Nestlé Cocoa Powder

SAVE R25

ANY 2 FOR R75

WITH CARD

Kellogg's Chocos/Coco Pops/Big 5/Crunchers/Vanilla Rice Krispies/Strawberry Pops Cereal 2 x 340g/350g/375g/400g

BUY ME TO WIN

SAVE R9

12⁹⁹

WITH CARD

Golden Cloud Premix All Variants

SAVE 26%

19⁹⁹

WITH CARD

Snowflake Baking Powder Refill

SAVE 22%

21⁹⁹

WITH CARD

Housebrand Full Cream Condensed Milk

SAVE 36%

ANY 3 FOR R22

WITH CARD

Moir's Jelly All Variants 3 x 80g

SAVE 23%

29⁹⁹

WITH CARD

Moir's Custard Powder

BUY ME TO WIN

SAVE R10

32⁹⁹

WITH CARD

Black Cat Peanut Butter All Variants

BUY ME TO WIN

SAVE 18%

32⁹⁹

WITH CARD

All Gold Smooth Apricot Jam

ANY 2 FOR R26

WITH CARD

Toscana Macaroni/Spaghetti 2 x 500g

SAVE R10

SAVE R10

29⁹⁹

WITH CARD

B-well Mayonnaise All Variants

SAVE 17%

42⁹⁹

WITH CARD

Hulett's White Sugar

SAVE 15%

28⁹⁹

WITH CARD

Tetley Premium Tea Blend

SAVE R10

29⁹⁹

WITH CARD

Nestlé Nesquik Chocolate/Strawberry Flavoured Beverage

ANY 2 FOR R80

WITH CARD

Boston Instant Hot Chocolate/Cappuccino Sticks All Variants 2 x 10 per pack

SAVE R20

OFFERS VALID FROM 7 NOVEMBER 2022 UNTIL 20 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES.

SAVE R15

59⁹⁹
500g each

WITH CARD

Regal Selection Pralines/Chocolates

REGAL

A ROYAL SELECTION OF DELICIOUS TREATS

SAVE R25

ANY 3 FOR R50

WITH CARD

Manhattan Gums/Jelly Sweets

All Variants 3 x 125g

SAVE R15

ANY 3 FOR R75

WITH CARD

Pringles Potato Chips

All Variants 3 x 100g/110g

SAVE R14

ANY 2 FOR R50

WITH CARD

Cape Cookies Mini Biscuits

All Variants 2 x 200g

THANK YOU FOR VOTING US SA'S

SAVE R15

BUY 2 FOR R45

WITH CARD

Magic Moments Pink & White Marshmallows

2 x 300g

SAVE R16

ANY 2 FOR R32

WITH CARD

Amajoya Creamy Toffee

All Variants 2 x 100g

SAVE 20%

18⁹⁹

200g each

WITH CARD

Bakers Tennis Biscuits

All Variants

SAVE R13

ANY 2 FOR R35

WITH CARD

Bakers Red Label Cream Biscuits

All Variants 2 x 200g

SAVE R13

39⁹⁹

500g

WITH CARD

Risi Choice Assortment Biscuits

SAVE 20%

ANY 3 FOR R36

WITH CARD

PVM Energy Bar

All Variants 3 x 45g

SAVE 22%

ANY 2 FOR R28

WITH CARD

Lindt Lindor Chocolate Stick

All Variants 2 x 38g

BUY ME TO WIN

SAVE R20

ANY 2 FOR R48

WITH CARD

Nestlé Chocolate Slab

All Variants 2 x 135g/150g

SAVE 21%

ANY 2 FOR R30

WITH CARD

Trigz Corn Chips

All Variants 2 x 85g

SAVE 19%

ANY 3 FOR R36

WITH CARD

Tait's Crinkle Cut Potato Chips

All Variants 3 x 125g

SAVE R10

ANY 2 FOR R34

WITH CARD

Doritos Corn Chips

All Variants 2 x 145g

SAVE R10

22⁹⁹

1L

WITH CARD

Liqui Fruit 100% Fruit Juice Blend

All Variants

SAVE 17%

23⁹⁹

1.25L each

WITH CARD

Appletiser/Graptiser Sparkling Juice

All Variants

BUY ME TO WIN

SAVE 20%

ANY 3 FOR R24

WITH CARD

Thirst! Sparkling Flavoured Water

All Variants 3 x 500ml

BUY ME TO WIN

SAVE 22%

ANY 2 FOR R28

WITH CARD

Monster Energy Drink

All Variants 2 x 500ml

SAVE R10

44⁹⁹

1L each

WITH CARD

Magalies Nectar Concentrate

All Variants

SAVE R17

42⁹⁹

600ml per pack

WITH CARD

Ceres 100% Fruit Juice Blend

All Variants

SAVE R10

32⁹⁹

500g

WITH CARD

Ster Kinekor Popz Flavoured Microwave Popcorn

SAVE R10

23⁹⁹

1L each

WITH CARD

Clover Tropika Dairy Fruit Blend

All Variants

SAVE 9%

29⁹⁹

2L

WITH CARD

Sunfirst Orange Squash Concentrate

ANY 2 FOR R30

WITH CARD

Coca-Cola Light/No Caffeine/No Sugar/Tab/Sprite Zero/Stoney Zero/Fanta Zero/Red Apple Cold Drink

2 x 2,25L

ANY 3 FOR R33

WITH CARD

Popz! Cold Drink

All Variants 3 x 2L

BUY 2 FOR R44

WITH CARD

Aquellé Still Water

2 x 5L

SAVE R10 **SAVE 21%** **SAVE R14**

OFFERS VALID FROM 7 NOVEMBER 2022 UNTIL 20 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES.

SAVE R20

54⁹⁹
400ml each

WITH CARD

Dove Hand & Body Lotion All Variants

SAVE R20

64⁹⁹
1l each

WITH CARD

Organics Shampoo/Conditioner All Variants

SAVE R22

ANY 2 FOR R78

WITH CARD

Protex/Palmolive Shower Gel All Variants 2 x 500ml

SAVE R20

69⁹⁹
2l each

WITH CARD

Satiskin Foam Bath All Variants

BEST LOYALTY PROGRAMME, AGAIN



SAVE R6 ANY 2 FOR R26

WITH CARD

Protex Bath Soap All Variants 2 x 150g

SAVE R6 ANY 2 FOR R28

WITH CARD

Dove Bath Soap All Variants 2 x 90g

EXCLUDING TRIPLE ACTION

SAVE R5 18⁹⁹
100ml each

WITH CARD

Colgate Maximum Cavity Protection/Gel/Herbal Toothpaste

SAVE R10 39⁹⁹
75ml each

WITH CARD

Colgate Total/Max Lasting White/Vitamin C Toothpaste

SAVE R27 69⁹⁹
90 per pack

WITH CARD

DenTek Dental Floss Picks

SAVE UP TO R108 BUY 2 & GET A 3RD FREE

WITH CARD

BUY 2 x Ble Soleil Range & GET A 3RD ONE FREE!

BUY ANY & SAVE 25%

WITH CARD

Young Solution Face Care Range

SAVE FROM R7 18⁹⁹
per pack

WITH CARD

Kotex Ultra Thin Sanitary Pads 7/8/10 OR Pantyliners 40 per pack

SAVE R7 24⁹⁹
18 per pack

WITH CARD

Lil-lets Tampons All Variants

SAVE R10 39⁹⁹
130 per pack

WITH CARD

Comfitex Pantyliners All Variants

SAVE R6 23⁹⁹
150ml each

WITH CARD

Dove Roll-On for Men/Ladies All Variants

SAVE UP TO R8 24⁹⁹
80ml/150ml each

WITH CARD

Playboy/Playgirl Deodorant for Men/Ladies All Variants

SAVE R17 64⁹⁹
400ml each

WITH CARD

Gill Anti-Dandruff Shampoo All Variants

SAVE R8 ANY 2 FOR R28

WITH CARD

Purity Baby Soap All Variants 2 x 175g

SAVE R10 34⁹⁹
200ml each

WITH CARD

Purity Baby Oil

SAVE R10 59⁹⁹
400ml each

WITH CARD

Bennetts Hair & Body Wash

SAVE R30 79⁹⁹
30g each

WITH CARD

Bepanthen Antiseptic Ointment

SAVE R24 ANY 2 FOR R70

WITH CARD

Johnson's Baby Aqueous Cream/Petroleum Jelly All Variants 2 x 500ml

Health

SAVE 13% ANY 2 FOR R35

WITH CARD

Dynadol Headache Bilateral/Tub Tablets 2 x 20 per pack

44⁹⁹
750ml

Savlon Antiseptic Liquid

54⁹⁹
20 per pack

Medirite Liver Shield Capsules

SAVE 20% 87⁹⁹
30 per pack

WITH CARD

Gaviscon Double Action Peppermint Antacid Tablets

114⁹⁹
30 per pack

Medirite Adult Multivitamin A-Z Tablets

129⁹⁹
30 per pack

Medirite Multivitamin A-Z 50+ Tablets

Affordable Healthcare Made Easy

ANY 3 FOR R30

WITH CARD

Rhodes Squish Baby Food Pouches All Variants 3 x 110ml

SAVE R6

SAVE R10 37⁹⁹
250g each

WITH CARD

Nestlé Cerelec Baby Cereal All Variants

SAVE R5 164⁹⁹
900g

WITH CARD

Nestlé Nido 3+ Powdered Drink for Growing Children

SAVE R10 79⁹⁹
4x56 per pack

WITH CARD

Lovies Scented/Unscented Baby Wipes

SAVE R20 169⁹⁹
per pack

WITH CARD

Lovies Jumbo Pack Disposable Nappies

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

SAVE R6

OFFERS VALID FROM 7 NOVEMBER 2022 UNTIL 20 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES.

SAVE R13

34⁹⁹
750ml each

WITH CARD

Handy Andy Floor Cleaner All Variants

SAVE R41

ANY 2 FOR R49

WITH CARD

Sta-soft Fabric Softener Refill All Variants 2 x 500ml

SAVE R80

139⁹⁹
42 per pack

WITH CARD

Finish All in 1 Max Regular/Lemon Dishwasher Tablets

SAVE R15

57⁹⁹
each

WITH CARD

Sunlight 2in1 Auto Washing Powder 2kg/Liquid Detergent 1,5L

KEEP SWIPING FOR SA'S BEST REWARDS

1,5L

SAVE 28%

17⁹⁹
1L each

WITH CARD

Housebrand Bleach All Variants

SAVE 16%

24⁹⁹
275ml each

WITH CARD

Plush Supreme Multi-Surface Cleaner All Variants

SAVE 9%

29⁹⁹
1L each

WITH CARD

Plush Supreme Floor & All Purpose Cleaner All Variants

SAVE 16%

24⁹⁹
750ml each

WITH CARD

Sunlight Regular Dishwashing Liquid Refill

SAVE R20

ANY 2 FOR R50

WITH CARD

Harpic Toilet Cleaner/Thick Bleach All Variants 2 x 750ml

SAVE R15

BOTH FOR R50

WITH CARD

Tuffy Kitchen Bin Bags 15 per pack & Budget Black Refuse Bags 20 per pack

SAVE R10

29⁹⁹
500ml each

WITH CARD

Mortein Insecticide All Variants

SAVE R27

BOTH FOR R80

WITH CARD

Mortein 30 Nights Liquid Mosquito Repellent Refill & Primary Unit

SAVE 25%

19⁹⁹
2 per pack

WITH CARD

Dinu White Roller Towels

SAVE R30

89⁹⁹
3kg

WITH CARD

Marlons Eco Cat Litter

ANY 5 FOR R100

WITH CARD

Marlons Dog Treats All Variants 5 x 120g

ANY 2 FOR R60

WITH CARD

Dr Hahnz Dog Food All Variants 2 x 830g

SAVE R20

79⁹⁹
900g/1kg each

WITH CARD

Whiskas Cat Food/Meaty Nuggets All Variants

SAVE R45

159⁹⁹
6kg/7kg/8kg each

WITH CARD

Vitagen Dog Food All Variants

SAVE R40

WITH CARD

Marlons Dog Treats All Variants 4 x 120g

SAVE R12

WITH CARD

Dr Hahnz Dog Food All Variants 2 x 830g

Summer savings, sorted.

Deals to your door in 60 minutes.

Download the app

checkers

better and better

also at

Checkers Hyper

checkers SIXTY 60

download the app

OFFERS VALID FROM MONDAY 07/11/2022 UNTIL SUNDAY 20/11/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & CHECKERS FOODS STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS, BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE), XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

SPAR



SUPERSPAR



PROMOTION VALID FROM 8 NOVEMBER TO 20 NOVEMBER 2022



1000
FREE SHOPPING

GIVEAWAYS EVERY DAY!

WIN INSTANTLY!

Just swipe your SPAR Rewards card at the till or use your cell number & you could WIN!

FREE SHOPPING GIVEAWAYS UNTIL 5 DECEMBER 2022



SPAR Select Bird in a Bag (without giblets)

46⁹⁹ per kg



SPAR Butterable Butter Spread 500 g

59⁹⁹ each



SPAR Extra Shelf Life Full Cream or Low Fat Milk 2 litre

28⁹⁹ each



Tastic Long Grain Parboiled Rice 2 kg Assorted

28⁹⁹ each



- Size 1 96s
- Size 2 94s
- Size 3 76s
- Size 4 66s
- Size 4+ 62s
- Size 5 52s
- Size 5+ 48s
- Size 6 44s

Pampers Baby-Dry Jumbo Pack Disposable Nappies

219⁹⁹ per pack



Kellogg's Corn Flakes 750 g

49⁹⁹ each



Nola Mayonnaise 500 g / 730 g / 750 g / 780 g / 850 g Assorted

29⁹⁹ each



Surf Regular Hand Washing Powder 2 kg Assorted

49⁹⁹ per pack



Twinsaver Luxury Toilet Tissue 2 ply 18s

109⁹⁹ per pack

SPAR Rewards Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 8 November up to and including 20 November 2022 while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

YOUR LOCAL BAKERY

SPAR Bakery Ciabatta (Excluding Garlic) 450 g

BUY ANY 2 FOR **58⁰⁰**

Teatime Gateaux Cakes Assorted

94⁹⁹ each

SPAR Bakery Braai Value Pack Roosterkoek 4s, Garlic Bread 330 g and Braai Rolls 6s

49⁹⁹ per combo

SPAR Bakery Hamburger or Hot Dog Rolls 6s

BUY ANY 2 FOR **30⁰⁰**

SPAR Bakery Muffins 4s Assorted

BUY ANY 2 FOR **60⁰⁰**

YOUR LOCAL GROCER

WE'RE FOR HEALTHY SAVINGS

SPAR freshline Sweetcorn 4s

19⁹⁹ per pack

SPAR freshline Aqua Leaf Lettuce Head 400 g

12⁹⁹ each

SPAR freshline Blueberries 250 g

24⁹⁹ per punnet

SPAR freshline Sweet Potato 1 kg + freshline Carrot 1 kg

BUY BOTH FOR **30⁰⁰**

SPAR freshline Dessert Peaches 750 g or Nectarines 750 g

BUY ANY 2 FOR **60⁰⁰**

YOUR LOCAL BUTCHER

WE'RE FOR LEAN PRICES AND QUALITY CUTS

SPAR Select Extended Shelf Life Chicken Thighs 4s

69⁹⁹ per kg

SPAR Outback Boerewors

99⁹⁹ per kg

Bulk Pork Pack

52⁹⁹ per kg

SPAR Tender and Tasty Pork Burger 600 g

63⁹⁹ per pack

SPAR Select Extended Shelf Life Chicken Drums 6s

69⁹⁹ per kg

SPAR Bulk Beef Mince

94⁹⁹ per kg

SPAR Tender and Tasty Bacon and Cheese Wors 120 g

45⁹⁹ per pack

YOUR LOCAL KITCHEN

WE'RE FOR COOKING UP FRESH SAVINGS

The FOOD STALL at SPAR

The FOOD STALL Quich Range 560 g

89⁹⁹ each

CHIKKA CHICKEN

CHEEKY CHIKKA BURGER & CHEEKY CHIKKA FRIES 125 g Portion of Chicken Fries

34⁹⁰ per combo

SOUTH AFRICA'S CHEEKIEST DEAL

SAVE 4⁹⁰ (WAS 39⁹⁰)

PROMOTION VALID FROM 8 NOV - 5 DEC 2022.

WINE & DINE

WE'RE FOR PERFECTLY BALANCED BLENDS

KWV Classic Sauvignon Blanc, Chenin Blanc or Chardonnay White Wine 750 ml

BUY ANY 2 FOR **120⁰⁰**

Cabriere Tranquille Dry 750 ml

64⁹⁹

Arabella Pinotage, Merlot, Cabernet Sauvignon or Shiraz 750 ml

64⁹⁹ each

NAMAQUA Blanc de Blanc, Johannesburg, Late Harvest, Rosé or Extra Light Wine 3 litre

99⁹⁹ each

Alcohol sales only available as per Government agreed Regulations

1000 FREE SHOPPING

GIVEAWAYS EVERY DAY!

WIN INSTANTLY!

Just swipe your SPAR Rewards card at the till or use your cell number & you could WIN!

FREE SHOPPING GIVEAWAYS UNTIL 5 DECEMBER 2022

WE'RE FOR COOL OFFERINGS

FRIDGES



Albany Superior or Thick Slice Brown Bread 700 g

Get **R2 off**
Rewards Customers Pay
12⁹⁹



Blue Ribbon or BB Sandwich Squares 220 g / 248 g Assorted

MULTI-BUY
Buy any 2 and get
R5 off



Blossom Epic Spread Tub 1 kg

Get **R5 off** each



Rama 60% Original Fat Spread Tub 1 kg

51⁹⁹ each



SPAR Extra Large Eggs 18s

35⁹⁹ each



Number 1 Mageu 1 litre Assorted

Get **R1 off**
Rewards Customers Pay
13⁹⁹



Lancewood Cheddar, Gouda, White Cheddar or White Gouda 900 g

104⁹⁹ each



SPAR Processed Cheddar or Gouda Cheese Slices 24s

44⁹⁹ per pack



SPAR French, Chilli, Garlic, Chicken or French with Cheese Polony 750 g / 1 kg

27⁹⁹ each



Eskort Cheese Griller 500 g

59⁹⁹ per pack



SPAR Breakfast Fry Chicken, Pork Rashers or Bacon Round 200 g

23⁹⁹ per pack



SPAR Hot Doggers Viennas 500 g Assorted

25⁹⁹ per pack



SPAR Cream Cheese Tub 175 g Assorted

32⁹⁹ each



SPAR Burst Dairy Fruit Juice Blend 2 litre Assorted

18⁹⁹ each



SPAR Full Cream Maas 2 kg

24⁹⁹ each



SPAR Flavoured Milk 6 x 350 ml Assorted

75⁰⁰ per pack



SPAR Medium Fat Smooth Yoghurt 6 x 75 g Assorted

BUY ANY **2** FOR **25⁰⁰**



Danone Yogi Sip Drinking Yoghurt 500 g Assorted

BUY ANY **2** FOR **30⁰⁰**

WE'RE FOR LONG-LASTING GOODNESS



SPAR Frozen Chicken Mala 1 kg

11⁹⁹ per pack



McCain Garden Peas 750 g

35⁹⁹ per pack



SPAR Chicken and Beef Burger 600 g

29⁹⁹ per pack



Sea Harvest Hake Fillets 600 g

79⁹⁹ per pack

FREEZER



Dairymaid Country Fresh Ice Cream 2 litre Assorted

Get **R5 off**
Rewards Customers Pay
49⁹⁹



SPAR Frozen Mixed Veg, Peas, Stew Mix, Sweetcorn or Stir Fry (French or Tropical) 250 g

BUY ANY **3** FOR **27⁰⁰**



Ola Rich n Creamy Ice Cream 1,8 litre Assorted

Get **R5 off** each



Ola Magnum Ice Cream 100 ml Assorted

BUY ANY **2** FOR **50⁰⁰**



*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

8 NOVEMBER TO 20 NOVEMBER 2022

CHRISTMAS SPECIALS!

WE'RE FOR EVERYDAY SAVINGS

PANTRY



Polana
Macaroni or
Spaghetti
500 g
Assorted

12⁹⁹
each



Kellogg's
Noodles
5 x 70 g
Assorted

24⁹⁹
per pack



White Star
Super
Maize Meal
5 kg

54⁹⁹
each



Tastic
Long Grain Parboiled Rice
2 kg
+
SPAR
Sunflower Oil
2 litre
+
SPAR
Super Maize Meal
5 kg

COMBO

Buy all and get

R15 off

Rewards Customers Pay

125⁰⁰



Royco
Packet Soup
50 g
Assorted

BUY ANY
4
FOR
19⁰⁰



SPAR
Sunflower
Oil
750 ml

28⁹⁹
each



B-well
Canola Oil
2 litre

84⁹⁹
each



Nando's
Sauces 250 ml or
Peri-naise 265 ml

35⁹⁹
each



Ina Paarman's
Salad Dressing
(Excl. Italian Balsamic
Vinegar & Red Wine)
300 ml

29⁹⁹
each



Safari
Apple Cider
Vinegar
375 ml

21⁹⁹
each



Robertson's
Spice Bottle
100 ml
Assorted
(Excl. Grinders)

Get
R2 off
each



Robertson's
Rajah
Curry Powder
100 g
Assorted

18⁹⁹
each



Knorr
Aromat
Cannister
75 g
Assorted

11⁹⁹
each



Maggi Lazenby
Worcestershire
Sauce
500 ml

Get
R5 off
each



Wellington's
Tomato Sauce
700 ml

25⁹⁹
each



Rhodes
Baked Beans
in Tomato Sauce
410 g

BUY
2
FOR
23⁰⁰



Koo
Pilchards
in Tomato
or Chilli Sauce
400 g

BUY ANY
2
FOR
45⁰⁰



Rhodes
Cream Style
Sweetcorn
410 g

18⁹⁹
each

SPAR Rewards
Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

8 NOVEMBER TO 20 NOVEMBER 2022

CHRISTMAS SAVINGS!

WE'RE FOR GOOD MORNINGS

BREAKFAST



Joko
Tagless
Teabags
100s

37⁹⁹
each



Laager
Rooibos
Tagless
Tea Bags
80s

32⁹⁹
each



Nescafé
Ricoffy Refill
Value Pack
400 g

Get
R7 off
each



Douwe Egberts
Instant Coffee
200 g
Assorted

109⁹⁹
each



Frisco
Original or
Granules
Instant Coffee
(Excl. Decaf)
750 g

89⁹⁹
each



Ellis
Brown
Tea or
Coffee
Creamer
750 g

41⁹⁹
each



Selati
Golden
Brown
Sugar
2 kg

32⁹⁹
each



SPAR
Quick Cooking
Oats in a Box
1 kg

Get
R5 off
each



Bokomo
Weetbix
450 g

26⁹⁹
each



Futurelife
Smart Food
Cereal
500 g
Assorted

35⁹⁹
each



Yum Yum
Peanut Butter
(Incl. Caramel &
Chocolate Dreams)
380 g / 390 g / 400 g

27⁹⁹
each



Rhodes
Superfine
Apricot
Jam
900 g

29⁹⁹
each



BEANTREE AVAILABLE AT SELECTED STORES

WE'RE FOR BAKED GOODNESS

BAKING AIDS



Snowflake
Cake Wheat Flour
2.5 kg
Assorted

36⁹⁹
each



Parmalat
Vanilla Custard
1 litre
Assorted

22⁹⁹
each



SPAR
Peach
Slices or Halves
in Syrup
410 g

17⁹⁹
each



Golden Cloud
Cake Wheat
Flour
5 kg

Get
R10 off
each



Royal
Baking Powder
Refill
200 g

21⁹⁹
each

SPAR Rewards Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

8 NOVEMBER TO 20 NOVEMBER 2022

CHRISTMAS SPECIALS!

WE'RE FOR SWEET DEALS

TREATS

Bakers
Mini Cheddars or
Mini Salticrax
Strips
198 g
Assorted

29⁹⁹ per pack

Doritos
Corn Chips
145 g
Assorted

BUY ANY 2 FOR **35⁰⁰**

Coca-Cola Zero, Light,
No Sugar No Caffeine,
Fanta Orange Zero,
Sprite Zero
or Stony Ginger
Beer Zero
2,25 litre

MULTI-BUY
Buy any 2 and get
R2 off
Rewards Customers Pay
32⁰⁰

Manhattan
Pink & White or
Candyfloss &
Bubblegum
(Excl. Toasted
Coconut)
Marshmallows
150 g

15⁹⁹ each

SPAR
Jellies, Gums,
Chews,
Liquorice or
Fruit Pastilles
100 g / 125 g
Assorted

15⁹⁹ per pack

Cadbury
Lunch Bar Max
or Dream Max
62 g

BUY ANY 2 FOR **25⁰⁰**

Nestlé
Bar One,
Smarties, Tex
or Kit Kat
(Excl. Aero and Milkybar)
40 g / 42 g / 55 g

BUY ANY 3 FOR **27⁰⁰**

Lindt
Excellence
Chocolate
(Excl. 90% Dark)
100 g
Assorted

39⁹⁹ each

Bakers
Tennis
Biscuits
200 g
Assorted

18⁹⁹ each

Pringles
Potato Chips
Assorted 100 g
+
Coke or Zero
440 ml / 500 ml

BUY BOTH FOR **33⁹⁹**

Energade
Ready to Drink
Energy Drink
500 ml
Assorted

BUY ANY 2 FOR **19⁰⁰**

SPAR
Fruit Nectar
Blend
1 litre
Assorted

BUY ANY 2 FOR **34⁰⁰**

Bonaqua
Pump
Still Water
750 ml

BUY 2 FOR **17⁰⁰**

Power Play
Energy Drink
440 ml
Assorted

BUY ANY 2 FOR **20⁰⁰**

**Pepsi,
Mirinda or
Mountain Dew**
Carbonated
Soft Drink
2 litre

MULTI-BUY
Buy any 2 and get
R10 off

SPAR Rewards
Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

8 NOVEMBER TO 20 NOVEMBER 2022

Great meals start with **QUALITY COOKWARE**

SAVE UP TO 70%

Promotion valid from 17 October 2022 to 30 January 2023



SHOP: GET A STICKER FOR EVERY R100 SPENT!

COLLECT: 15 STICKERS TO FILL YOUR FREE COLLECTOR CARD.

SAVE: UP TO 70% OFF MASTERCHEF STAINLESS STEEL COOKWARE.

Creating smiles around the table



SCAN THE QR CODE OR USE THE LINK TO ENTER THE COMPETITION. SPAR VOUCHERS AND MASTERCHEF STICKERS TO BE WON! TS & CS APPLY. WWW.SPARGAME.CO.ZA



HOME ESSENTIALS

WE'RE FOR HOME-MUST HAVES



Ariel Auto Washing Powder 2 kg, Auto Liquid 1.1 litre / 1.5 litre or Capsules 14s

78⁹⁹ each



Sta Soft Concentrated Fabric Softener 2 litre Assorted

44⁹⁹ each



Sta Soft Ultra Concentrate Refill 500 ml Assorted

Get **R8 off** each



Sunlight Dishwashing Liquid Refill Pouch 750ml

23⁹⁹ each



Pro Wash Auto Washing Powder 2 kg or Liquid 1.5 litre Assorted

Get **R6 off** each



Handy Andy Cream Refill Pouch 750 ml Assorted

22⁹⁹ each



Pledge Multi Surface Cleaner or Wood Polish 300 ml Assorted

29⁹⁹ each



Gift Barrel Snap-it Container with Lid 1.2 / 2.2 litre / 600 ml

BUY ALL **3 FOR 45⁰⁰**



Doom Low Odour Destroyer 180 ml

38⁹⁹



Raid Insect Killer 300 ml Assorted

27⁹⁹ each



Tuffy Interleaved Drawstring Black Bags 20s

32⁹⁹ each



Etosha Triquettes 4 kg

79⁹⁹ each

PET CARE



Brennco Mixed Bird Seed 2 kg

49⁹⁹ each



Petley's Canned Dog Food 775 g Assorted

27⁹⁹ each



Pamper Fine Cuts in Gravy Multi Pack 12s Assorted

89⁹⁹ per pack



SPAR Pro-Balance Dog Food 8 kg Assorted

199⁹⁹ each



SPAR Rewards Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

8 NOVEMBER TO 20 NOVEMBER 2022

CHRISTMAS SAVINGS!

WE'RE FOR THAT PERSONAL TOUCH

PERSONAL CARE



Aquafresh
Fresh & Minty
Toothpaste
Value Pack
2 x 100 ml

23⁹⁹
per pack



Pond's
Vanishing Cream
50 ml
Assorted

21⁹⁹
each



Vaseline
Lotion or Cream
for Men or
Women
400 ml
Assorted

44⁹⁹
each



Revlon
Flex
Shampoo
or Conditioner
650 ml
Assorted

44⁹⁹
each



Lifebuoy
Hygiene Soap
(Excl. Eventone
Charcoal)
175 g
Assorted

MULTI-BUY
Buy any 3 and get
R3 off
Rewards Customers Pay
39⁰⁰



Dove
Beauty Cream
Soap Bar
90 g/ 100 g
Assorted

BUY ANY 2 FOR 29⁰⁰



Yardley
Body Spray for
Men or Women
90 ml/ 125 ml
Assorted

32⁹⁹
each



Dove
Anti-Perspirant
Roll On
for Men or
Women
50 ml
Assorted

23⁹⁹
each



Inecto
Permanent
Hair Colour
50 ml
Assorted

26⁹⁹
each



Kotex
Maxi Sanitary
Pads
8s / 10s
Assorted

15⁹⁹
per pack



Libresse
Maxi
Sanitary Pads
7s / 9s / 10s
Assorted

Get R7 off each



Libresse
Pantyliners
20s
Assorted

Get R7 off each



Eye Gene
Eye Drops
10 ml

49⁹⁹
each



Laxador
Bisacodyl
Tablets
30s

29⁹⁹
per pack



Panado
Headache
Capsules
20s

54⁹⁹
per pack

Women and girls should never miss out



Only R6
for 8 maxi
pads

That's why we continue to ensure that quality sanitary protection is available at the lowest possible price.

SPAR PRODUCTS



Huggies
Baby Wipes
4 x 56s
Assorted

79⁹⁹
per pack



Rhodes
Squish
Fruit or Vegetable
Puree
110 ml
Assorted

BUY ANY 4 FOR 42⁰⁰



Bioplus
Booster
Sachet
10 ml
Assorted

BUY ANY 3 FOR 12⁰⁰

GENDER BASED VIOLENCE

Together we can END Gender Based Violence in our communities

Call or WhatsApp
0800 150 150
for help 24/7
www.spar.co.za/gbv

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0860 313 141

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Say "Hello" to make sure you never miss a chance to SAVE, get all the latest specials, store details, Rewards and more!

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